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Are we there yet?

A field watcher's guide to the economic crash

■ By Wayne Curtis

Getting a feel for what the local economy's up to is a bit like getting a feel for the weather. First you listen to the radio. Then you remember how wrong the forecasters were the last time. So you stick your head out the window and look at the clouds. You check the temperature. You think back to what happened last time it looked like this. And you plan accordingly.

For many of us, the last time it looked like this was about 1981. The U.S. economy was slipping backwards. Workers were losing jobs. Wages were steadily eroding. State and federal budget problems were deepening.

And the real estate market was moribund.

Some moved away to sunnier climes. The rest hunkered down and waited. Before we knew it the sun broke through and an extended economic summer came back to Maine and New England.

That's bound to happen again. Economic cycles are only slightly less reliable than the change of seasons. But unlike the seasons, the timing of economic cycles is never predictable.

So the most vexing questions remain: How long will this recession last? How much worse will it get? When can we go outside again and play?

"Economists have always had a hell of a time pre-

dicting change," admits Robert Doucette, a forensic economist with Veritas Associates in Portland. "They can predict rates of change when things are going up or down. But they have a hard time calling the turning points."

And in this recession they might have a harder time than usual. Despite some outward similarities, this is a much different downturn than any in the past. Which means that instead of listening to the radio, you might be best off opening the window, looking at the clouds, and deciding for yourself when it will end.

Continued on page 8

Casco Bay Weekly

MARCH 7, 1991

BEST OF PORTLAND

Best abuse of tax payers' money? Best poet?
Best breakfast joint? Best theatrical production?
Best weird band? Best place for people watching?
Sharpen your pencils, it's time to be heard. page 11

FREE

Casco Bay Weekly would like to hear your opinions on what makes Greater Portland a great (or not so great) place to live, work and play.

Get your ballots in; the deadline is March 15.

INSIDE GREATER PORTLAND'S NEWS & ARTS WEEKLY

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Dr. Bernie Wall with a pigeon he is rehabilitating.

CBW/Tonee Harbert

Biting back: animal activists are a dog's best friend

■ By Paul Karr

Ever since European explorers first touched American shores, Western ideas about the relationship between people and animals have persisted: that the animals are property, that they are slaves for our temporary use and disposal.

The perpetuation of this view has been justified by various religions and, later, the larger force of the Industrial Revolution. This "progress" - in the form of increasingly efficient firearms, traps, meatpacking plants, breeding facilities, and research laboratories -

has not lessened the suffering of animals, but increased it.

During the past decade, however, an opposing view has fermented. The animal rights and animal welfare movements are feeling their oats, becoming a majority instead of appealing to it.

Years of grass-roots initiatives are blossoming into a broad-based coalition of people. A network of groups, individual activists and concerned citizens are working in every kind of arena to quilt together their thoughts and actions. Activists are writing and signing petitions, legislators are passing laws,

restaurants and stores are refusing to stock certain products, educators are broadening their curricula.

In Maine, such a patchwork has passed laws, changed people's attitudes and has indeed lessened the suffering and cruelty experienced by animals "used" for food, entertainment, or animal testing.

A significant number of these groups and activists live in the Casco Bay bioregion. Their concerns naturally take different forms, and spring from their own unique roots. But all share a basic regard for life - and the desire to extend the right of life to animals.

Continued on page 12

MARCH 7, 1991

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Newsbriefs Weekly

A review of the top news stories affecting Greater Portland: February 26 through March 5, 1991.

Third slaying in '91 jars Portland

The Feb. 24 slaying of a Portland man was the city's third homicide during the first two months of 1991, an unsettling start for Portland, which police say averages two or three homicides a year.

The latest homicide was discovered when Portland police officers approached a man trying to stuff a body wrapped in a clothesline rope and a green plastic trash bag into his car. According to authorities, when the man was approached by police, he said, "I'm under arrest. It's a body."

The man, identified as James R. Slaughter, 33, was charged Feb. 28 with murdering John W. Gaffney, a 25-year-old Portland bartender who had been missing for three days, police said.

Slaughter told investigators he killed Gaffney by hitting him on the head with weights and cutting his throat with a knife, according to a police affidavit filed in District Court.

Portland Deputy Chief Steven Roberts said that Slaughter and Gaffney knew each other and investigators think they know the motives for the slaying, but that he wasn't "at liberty to release them."

Slaughter told police the killing took place Sunday night when Gaffney visited his apartment, according to the affidavit by Detective Daniel L. Young. It quoted Slaughter as saying he had washed Gaffney's body in the bathtub, later purchasing sponges and cleaning materials with which to wash the apartment and a shovel to bury the body in an unspecified location.

Six arrested in alleged LSD ring

Four local people and two from California have been charged in what authorities are calling the state's largest LSD drug bust in several years.

The six were part of an organization that formed at a Grateful Dead concert and obtained the drug from a West Coast laboratory before distributing it in Maine, U.S. Attorney Richard S. Cohen said.

"This is the culmination of the initial phase of an extensive, three-month investigation into the activities of an interstate LSD manufacturing and trafficking organization which is believed to have distributed more than 60,000 dosage units of LSD in the Portland area," Cohen said. He said the case represented the area's largest LSD bust since the seizure of 120,000 "hits" of the drug at Portland International Jetport in September 1989.

Arrested Feb. 27 was Thomas P. Atwood, 28, of South Portland, who faces a federal charge of conspiracy to distribute more than 10 grams of LSD.

Emil B. Dill, 25, of Portland, was arrested Jan. 25 at the Portland Post Office when he tried to retrieve an envelope containing about 3,000 "hits" of LSD from a postal box, authorities said.

The investigation, initially developed by Portland police detectives, also led to the arrests of Christopher N. Sia, 24, and John D. Harrison, 35, at their home in Santa Cruz, Calif., where 10,000 units of LSD and quantities of the drug Ecstasy were seized, Cohen said.

Maine Youth Center protests cuts

More than 40 staff members of the Maine Youth Center in South Portland staged a picket line on Feb. 26 to protest cuts at the juvenile detention facility.

Jeff Campbell, a training school counselor, said conditions at the facility continue to worsen because of cuts resulting from the state budget crisis.

So far, 22 staff members have been laid off and another 14 positions remain vacant. Campbell said the cuts have "pushed an already overburdened system to the breaking point."

Richard Wise, superintendent of the Maine Youth Center, said he supports the workers and hopes the Legislature will adopt a spending plan to restore the cuts.

"If we don't provide the resources to rehabilitate the young people entrusted to us, then we're going to increase the chance of those young people becoming adults who could become convicts," Wise said.

"In the long run, you're going to pay a lot more to keep a person in jail... than dealing with them when they're kids," he said.

Portland attorney pleads guilty to embezzlement

On March 1, a Portland attorney admitted to stealing more than \$28,000 from companies he represented during bankruptcy proceedings.

Harvey Puterbaugh pleaded guilty to two counts of embezzling - \$22,604 from Meadowbrook Realty Trust and \$6,057 from Hampton Strawberry Field - between May 1988 and July 1989, according to U.S. District Court documents.

Puterbaugh faces up to five years in prison and \$250,000 in fines. His sentencing is scheduled for April 15.

Future brightens for time-temp sign

The businesspeople and landowners who are raising money to restore and maintain the time and temperature sign over Monument Square have raised more than \$4,000 - enough to replace most of the sign's light bulbs.

Penelope Carson, who chairs the Downtown Business Committee, said individual citizen donations are primarily what have enabled the group to replace the light bulbs on the sign.

"We just now are beginning to get donations from businesses - and hope to raise between \$17,000 and \$20,000 by May 1," Carson said.

The committee wants to raise enough money to keep the sign working for a year and ultimately to find a long-term sponsor. The owners of the building at 477-481 Congress St., where the sign is located, say they can no longer afford to maintain it. The sign was erected in 1964.

Donations can be sent to Save Our Sign, 567 Congress St., Portland, Maine 04101.

Owner of sunken boat blames it on Coast Guard

The owner of a \$500,000 fishing boat that sank in its Portland Harbor berth said the Coast Guard was too slow in responding to his distress call. The 65-foot trawler Jamie & Ashley went down Feb. 26 within site of the Coast Guard station in South Portland, said Thomas Bayley of Scarborough. He said the vessel could have been saved if the Coast Guard had reacted faster.

"This wasn't a hoax call," Bayley said. "This was a distress call - we were sinking. This is a disgrace."

Coast Guard Lt. Neil Buschman said guardsmen responded quickly but that nothing could be done when they arrived. "We took the call seriously," Buschman said. "We did our best to help him. But it didn't work out."

Bayley said one of the crew called the Coast Guard at about 5:15 a.m. "They



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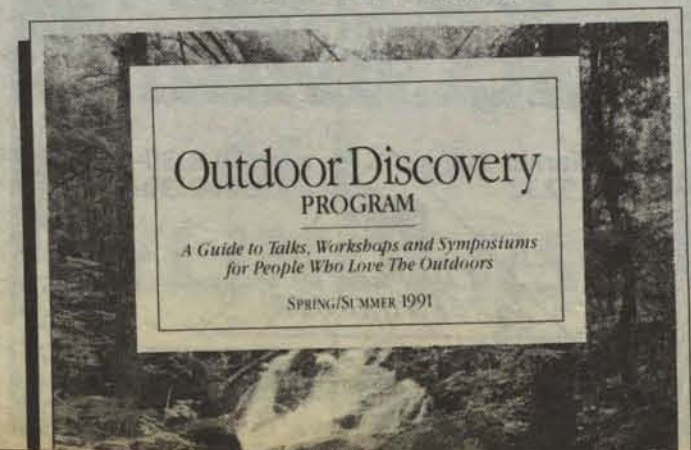
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Newsbriefs Weekly

Continued from page 3

didn't show up until an hour after they were first called," he said. "I guess it was because we didn't have dope on the boat."

Buschman said the Guard got the first call at 5:26 a.m. and immediately sent two guardsmen. He said they arrived at 5:55 a.m., but were unable to help because the boat was unsafe to board.

"By the time the pump got there it was too late," Buschman said. "He has to realize that his boat sank in a very short amount of time."

Lambert draws fire for donations to Democrats

Republican legislative candidate Robin Lambert's cash contributions to three Democratic office seekers were morally correct but politically inappropriate, his campaign manager says. Lambert, a District 30 Senate candidate who lost to Karen Evans in last June's primaries, said he gave money to the Democrats because they "are long-term personal friends who previously supported my campaign."

"Our party has a major embarrassment on its hands," began the letter signed by Terry Pangburn, advisor to Paul Volle, the chairman of the Cumberland County GOP. Pangburn's letter said Lambert's donations were "to defeat key Republicans."

Lambert gave \$300 to Sive Neilan and \$200 to state Sen. Dale McCormick, who ran against Republican Sens. Linda Brawn and Norm Weymouth. He said the contributions don't indicate he is anti-Republican, adding that he gave about \$800 to various Republican candidates and worked on the campaigns of Gov. John McKernan and U.S. Sen. William Cohen, both Republicans. "I find it kind of an affront to somehow insinuate I'm not a Republican who has worked with the party," Lambert said.

Anthony Payne, Lambert's campaign manager, said the contributions were "not politically appropriate, but morally and personally they were the right thing to do." Payne said McCormick, who beat incumbent Weymouth, and Nielan, who lost to Brawn, were strong supporters of Lambert.

Lambert and Payne said the letter illustrated the rampant infighting in the Cumberland County GOP. "Offering a counterpoint to the Democrats... is what we're supposed to be doing," Payne said.

Liberty/Gendron property faces foreclosure

Coastal Savings Bank filed a lawsuit March 1 to foreclose on the Portland North Business Park in Falmouth, an office park owned by Michael Liberty, David Cope, John Gendron and Richard Gendron.

In its foreclosure suit filed in Cumberland County Superior Court, the bank claims the owners, known as Exit Ten Associates, have been in default of a \$2.4 million loan since September of 1990.

According to the suit, Coastal Savings sent a "demand notice" on Dec. 21 notifying the owners of the default and requesting that the entire balance be paid by Feb. 1, 1991.

But that balance, along with interest and late charges, has still not been paid, according to Portland attorney Andrew Cadot, who is representing Coastal Savings.

In its suit, the bank is asking for a receiver to be appointed to collect the rents and manage the 50,000-square-foot office park on Route 100. The Boulos Co. is presently collecting the rents.

"At the moment we are still going ahead with the suit," said Cadot. "However, negotiations are still going on between the partners and Coastal Savings as far as resolving this situation."

Fun Town frowns at DEP fines

Fun Town USA, the Saco amusement park, could be slapped with \$200,000 in fines by the state Department of Environmental Protection, for illegally dumping fill into a nearby stream.

The DEP has charged Kenneth Cormier and Andre Dallaire, co-owners of Fun Town, with violating state laws requiring approval for projects that disturb streams, brooks and other environmentally sensitive areas.

But according to Cormier, the stream is not a stream but a man-made gully that was used by Fun Town last fall as a depository for clay from a construction site.

"We have not damaged the environment in any way," said Cormier. "And we went out of our way to get approval from the city of Saco before we put the clay in the gully."

Cormier said Fun Town stopped dumping the clay in the area when they received a letter from the DEP on Feb. 12. In that letter, James Cassida of the DEP wrote that "no work should be conducted in the area of the stream until cleared by the department."

"At this point I think there's a big misunderstanding about the sensitivity of the area and the amounts of

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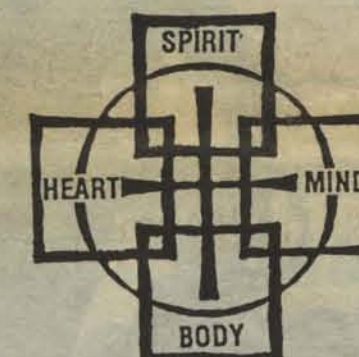
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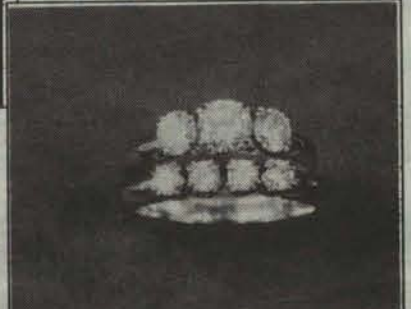
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Newsbriefs Weekly

Continued from page 5

clay we put in the gully," said Cormier.

The DEP has scheduled a meeting with the Fun Town owners for March 8.

Portlander wants "religious pipe" back from cops

A Portland man has filed a lawsuit in Cumberland County Superior Court in Portland claiming that a pipe Portland police seized from him when they charged him with marijuana possession is a religious artifact.

Erwin L. Rupert II, 36, says he wants the pipe returned to him because it is important to his religious beliefs.

In his suit, Rupert says the pipe "is a registered religious pipe No. 87-2 of the New World Church Inc." Rupert also says in the suit that police took the pipe in December of 1990 when they issued a civil complaint charging him with drug possession. The charge was dropped Feb. 14 when no police officer appeared to testify, the suit says.

In the suit, Rupert asks the judge to issue a restraining order to keep Portland police from destroying the pipe until the case is decided.

Trailways wants commuter lot, terminal on Marginal Way

C&J Trailways, a Dover, N.H. bus company that offers bus service between Portland and Boston, met with Portland city officials Feb. 26 to pitch building a bus terminal and a 477-space parking lot on city land along Marginal Way.

The proposal would allow the city to set up a downtown park-and-shuttle service, something the city has been planning to build for over a decade, said Deputy City Manager Mark Green.

According to the bus company's plan, Trailways would use the terminal for bus service and the city would use the parking lot as a commuter lot from which a Metro bus shuttle system could transport workers and shoppers downtown.

The terminal would cost between \$200,000 and \$250,000 to build, according to Green, who added that Trailways would foot the bill for the right to build on the city's land.

"It's all very preliminary right now," said Green. "If Trailways were willing to build the terminal and the parking lot, we would be willing to give them a long-term lease of between 10 and 20 years."

CMP shocks customers with rate hike

Central Maine Power Co. jolted its residential customers March 1 with a rate increase. The Public Utilities Commission approved a 5 percent hike that would raise \$34.2 million a year, about half the amount CMP requested.

The utility, which serves 482,000 customers in southern Maine, asked for a rate increase of \$64.6 million, said PUC spokesman Charles Jacobs.

The hike will raise the average residential customer's monthly bill from \$46 to \$48.30. It includes \$9.5 million in temporary hikes already approved in January, Jacobs said.

Cutting CMP's request in half means that stockholders, not customers, will pay for some of the utility's recent expenses. CMP had hoped to pay for a \$2.1 million computerized information system with its rate hike, as well as \$683,000 in homes owned by transferred managers and about \$290,000 of a loan on a foreclosed paper mill.

The PUC also prohibited the utility from passing off to customers the cost of hiring 32 new employees.

Customers will pay the \$7.6 million expense incurred during CMP's pursuit of a Hydro-Quebec power contract. The PUC also allowed a 12.3 percent return on capital to CMP shareholders.

Reported by Eric Hannelius, Rosalie Mulligan, Andy Newman and the Associated Press.

weird news

Even though it was a sweltering day at school field day activities in Mansfield, Texas, last summer, PTA members charged children 25 cents a cup for water. Thirteen kids ended up being treated for heat exposure.

Dr. Oliver Sacks, 57, the neurologist whose book inspired the movie "Awakenings," has been laid off from his job. He is being laid off from Bronx Psychiatric Center, where he has worked since 1966, the victim of budget cuts at New York state mental hospitals.

Cultural authorities in Sweden won't allow King Carl Gustaf XVI to set up a satellite dish on the roof of his castle so he can receive more programs than just the two non-commercial stations he now gets. They said the castle is a major tourist attraction and a dish would spoil its appearance. Carl Gustaf could receive foreign shows by installing an underground cable, but that would cost \$175,000, which the king's spokesperson said is "not realistic."

Roland Sweet/AlterNet

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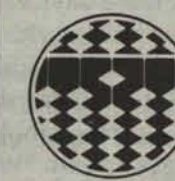
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Stop staring at my bottom

"If all economists were laid end to end, they wouldn't reach a conclusion," George Bernard Shaw reputedly said. Well, that's not always true. In fact, we haven't registered any dissenters regarding the current direction of the economy. Here's a sampling:

"There's nothing that I've seen - like interest rates or retail sales - that suggests we have bottomed out."

Robert Doucette, economist,
Veritas Associates

"We certainly haven't reached the bottom. We haven't even come close."

Thomas Sanders,
assistant professor
of finance, USM

"No, we haven't yet hit bottom."

Keith Forrest, director of
economic research, UNUM

"We're still going down, but getting to the bottom."

Steve Hirshon, broker,
Maine Securities

"We have not reached bottom yet, and we aren't sure when that bottom will be reached."

John Hooper, vice-president of newspapers,
Guy Gannett Co.
(quoted in News Inc. magazine)

ARE WE THERE YET?

Continued from front page

John Maynard Keynes, this century's most influential economic thinker, said in 1932 that he hoped economists would someday become "humble, competent people, on a level with dentists." Such a dream has not been realized. Among other differences, dentists won't argue for hours over the definition of "tooth decay," and they generally agree that the best way to deal with a cavity is to fill it.

Economists rarely agree on anything, from definitions to solutions. Few will dispute the fact that we're in a recession, but they will disagree violently over causes and probable duration. And that makes it hard for common folks to plan for the future.

The outlook these days varies depending on whom you ask. Steve Hirshon, a broker with Maine Securities in Portland, is one of the more cheerful local observers. "The jury's still out as to whether we're still going down," he says. "We may not go up from here, but it can't go much lower."

Others are less upbeat. "We certainly haven't reached the bottom," says Thomas Sanders, assistant professor of finance at the University of Southern Maine. "We haven't even come close. We could be starting an established decline that could last two or three years."

The lack of agreement has been deepened by the nature of this downturn compared to earlier ones. The recession of the early 1980s was more or less typical: As consumer spending stalled following a rise in interest rates, manufacturers found their inventories had grown well beyond demand. When their warehouses were filled, they laid off employees. Spending power subsequently fell, more layoffs followed, and the economy went into a tailspin.

That's not what's happening now. Nationwide, manufacturing inventories have remained relatively level (automobiles are the one notable exception), thanks in part to a cheap dollar and increased exports. This time the layoffs first afflicted an area once perceived as recession-proof: the white-collar service industries, including insurance, real estate and finance.

Real estate in particular has found itself in the unenviable position once occupied by manufacturers who overestimated demand: Inventories of homes, condominiums, and office space are excessive in some parts of the country (southern Maine, for instance). It will take months, or even years, for the public to "consume" that inventory.

A white-collar recession doesn't mean it will be less painful than the more typical blue-collar downturn, just a little different. As Steve Hirshon notes, "white-collar begets blue-collar" as developers fight for survival, leaving carpenters, plumbers and other craftsmen without work. These folks then curtail their own consumer spending, affecting local retail and restaurants, which in turn lay off employees.

Again, the process spirals downward. We could well end up where we were in the last recession, but we will have arrived there from an entirely different direction.

How do we know when we've hit bottom and are beginning to climb out? Just as the return of the robin suggests that spring isn't far off, there are some economic signs to watch for. You just need to be careful you're not looking at a blue jay and celebrating winter's end.

Here's a field guide of what to look for in the coming weeks, and some of the markers that will help you tell the difference between the robins and the jays:

The national economy

Not to belabor the weather analogy, but the "local economy" is as much a myth as "local weather." Joe Cupo may tell us whether it will rain in Portland tomorrow, but those conditions depend on what high and low pressure systems are up to in arctic Canada or off George's Bank. All politics may be local, as the common wisdom has it, but all economics are national (and international), no matter how local the impact.

"It's less important to focus on regional problems than to look at the big picture," says Michael Hillard, an assistant professor of economics at USM. He says that regions move in and out of a recession more or less in concert, with the timing determined by the direction of the national economy. In other words, the economic future of Congress Street lies as much in Washington, D.C. - or Tokyo - as it does in Portland City Hall.

In January, the Bush administration admitted what was obvious to most others: The U.S. is in a recession. This administration delayed its verdict because the country is still not officially in a recession - that requires two quarters of falling output - and to date only the last quarter of 1990 has registered a downturn, when production declined at a 2.1 percent annual rate.

There are many problems with gauging the economy by the rate of growth (or decline) of the gross national product. One is that it's always tardy. We won't know what happened to the national economy in this quarter until sometime in April, when the preliminary figures for the first quarter are released. The Commerce Department monitors monthly leading economic indicators, which are supposed to indicate the direction of the economy in coming months (this index showed a gain of 0.1

percent in December, the first increase in six months). Economists enjoy fighting over the usefulness of these indicators almost more than any other.

What to look for: An end to the war in the Persian Gulf will surely bring short-term euphoria, but will by no means solve the nation's real economic problems.

Instead of watching Dan Rather watch the sand, watch the gnomish Alan Greenspan on C-SPAN. As chairman of the Federal Reserve, he's privy to lots of good economic information and is relatively immune to partisan squabbling. Like Rumpelstiltskin, Greenspan appears regularly before Congress, which tries to guess his name. ("Is it... Recession? Is it... Meaningful Downturn?")

Greenspan can be cagey, but if he seems depressed about the direction of the economy, you should probably be depressed, too.

Regional economy

An improved national economy will benefit Maine and New England, but not necessarily in direct proportion. New England felt the economic downturn before the rest of the country - and first it doesn't mean first out.

As much as Mainers enjoy making unkind remarks about people from the Bay State, we're largely dependent on their economic health for our own well-being. A vigorous high-tech corridor outside of Boston means jobs for component producers and computer and marketing consultants here. A surfeit of disposable income among Boston's emerging affluent results in higher real estate prices in Maine and better business for enterprises targeted at tourism. As such, Boston's spectacular crash has reverberated throughout Maine.

The good news is that Portland, while presently overstocked with plenty of budget condos and low-rent office space, was not nearly as overbuilt as Boston during the boom years. As a result, we may emerge a bit more quickly from the doldrums when favorable winds start to blow.

What to look for: Watch for signs that the Massachusetts budget deficit is coming under control. Massachusetts politicians engage in serious, play-to-the-death hardball. No self-respecting state pol will give an inch on his or her favored programs. If the state can reduce its budget gap, it probably means the regional economy is improving on its own and tax receipts are increasing.

Similarly, watch for resilience in the Boston real estate market. Some analysts talk of a Texas-style collapse in commercial real estate in Boston and the Route 128 corridor, with landlords virtually giving away office space to keep the pipes from freezing. If that happens, Portland probably won't see the light at the end of the tunnel for some time.

Real estate

In the film "Field of Dreams," Kevin Costner heard an eerie voice in the night whispering, "If you build it, they will come." This prompted him to construct a baseball diamond in the middle of an Iowa cornfield.

This same paranoid experience was apparently shared by many of Maine's developers in the 1980s, who engaged in an unprecedented building binge throughout the southern part of the state. Unfortunately, the assumptions on which developers built - and banks lent - made the foundations at Chandler's Wharf look rock solid. The buildings went up, but demand was vastly overestimated. This has proven to be the linchpin that sent the whole local economic structure tumbling down.

The good news is that when real estate prices sink low enough, people will come. That won't benefit bankrupt developers or defunct banks, but it will help the economy get back on track. In a way, Maine priced itself out of the national economy in the 1980s with housing costs that were high, relative to the rest of the nation. Firms declined to move here due to these and other deterrents (including a scarcity of employees and higher basic wages). Lower housing and commercial real estate costs may now encourage new businesses to reconsider Maine.

What to look for: Fewer real estate auction announcements in the Sunday Telegram will indicate that the bloodletting in real estate is slowing up. Look also for announcements that new firms are moving here to set up operations. "Look for more building permits issued, and listen for more stories about people doing things, like acquiring properties," suggests Steve Hirshon. "People are deferring decisions now."

Banking

When a manufacturer goes bankrupt, the financial pain is spread among its shareholders, bond holders, and a variety of lenders. Banks who lent to the manufacturer take a hit, but the damage is usually manageable since they're among the first in line when the assets are sold off.

In the case of many New England banks, loans were spread around in the 1980s in accordance with sound financial principles. Problem is, they spread loans around among developers, almost all of whom are now suffering from excess inventory and serious cash flow problems. Most banks have managed. Others, such as Bank of New England and the former Maine Savings Bank, have not.

"We're facing a great cleaning out of the economy, driven by

Casco Bay Weekly's Old Port Inflation Index

The federal government determines the value of a dollar by sending a small army of government-hired shoppers out each month to price a typical market basket. They then factor their findings with other typical consumer expenditures, such as housing and gasoline, to come up with the consumer price index. That figure is used by pensions, social security and many employers to determine compensation rates.

The idea that a vital economic statistic is calculated by government researchers in ill-fitting trench coats wandering around a Shop 'n' Save fondling cantaloupes is somehow reassuring. In this age of computers, it is a process we all can grasp.

In fact, it's a process we understand intuitively each time we reach for our wallets and wonder just where in the hell that \$10 bill went. Perhaps more than housing and fuel prices - which consume a bigger chunk of our paycheck - the rapidly dwindling \$10 bill is our gauge of purchasing power.

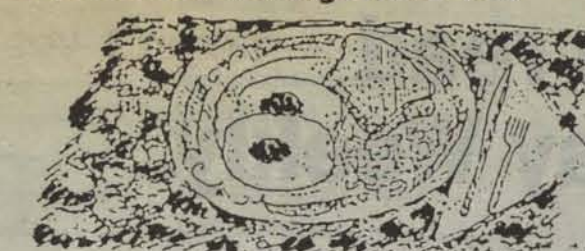
With this in mind, Casco Bay Weekly has launched the Old Port Inflation Index™ with the idea of seeing how much a typical day in town might run for the average denizen of in-town Portland. We've compared the cost of a market basket of selected items from January 1990 with the same items this year.

The result? Our exclusive (and entirely arbitrary) index shows a 3.8 percent rise in 1990, compared to an increase nationally of 6.1 percent. Most of the indicators we selected remained unchanged over the last year. But a beer at Dewey's and an evening show at the Nickelodeon will cost you an extra two bits this year over last. (Note: the price of a Geary's went up another quarter in late January, to \$2.75.)

	1990	1991
Portland Press Herald	\$0.35	\$0.50



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Medium coffee (with tax)		
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Pint of Geary's Ale		
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☛ Nickelodeon	6.50	6.75



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Wayne Curtis
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HENRY & JUNE [NC-17]
Based on the Diary of Anais Nin.

MAR 9-12 SAT-SUN MAT 1
SUN EVE 7
MON-TUES 7, 8:30

Tales
from the

GIMLI HOSPITAL
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BEST OF PORTLAND

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See page 11

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ARE WE THERE YET?

Continued from page 9

the banking crisis," says Sanders. "It's like having a patient on the operating table and you can't stop the bleeding."

Once real estate prices firm up, the hemorrhaging of bank portfolios will cease and banks can return to the business they're supposed to be in: making good loans to sound, responsible businesses.

Is massive failure a possibility? "They've (regulators) learned the lessons of the Great Depression," says USM professor Michael Hillard. "You don't let the financial sector collapse." That's been evident as the federal government's stepped in to guarantee even uninsured deposits during major bank failures. A collapse in confidence would mean a collapse in the bank system. And that could trigger the Depression all over again.

What to look for: Banking and real estate at this point are inextricably intertwined. Improvements in housing sales and a firming of the local market will mean fewer bank problems.

Inflation

The cost of living in the United States last year was 6.1 percent more than in 1989. That means if you made \$15,000 in 1989, you needed to make nearly \$16,000 last year if you wanted to stay in the same apartment, wear the same clothes, and eat the same food. If you didn't get a raise of at least that much, you probably had to trim back your expenses somewhere along the line. This was the largest increase in the consumer price index since 1981, when prices rose 8.9 percent.

Much of last year's high inflation rate was attributable to fuel oil, which skyrocketed 30 percent following Iraq's invasion of Kuwait. That resulted in slowed consumer spending. Some now feel that the drop in fuel prices over the last several weeks will help jump-start the economy again. "We're seeing the flip side of the energy price spike," says Keith Forrest, director of economic research at UNUM. "There could be some advances in real purchasing power in the next few months."

What to look for: A boost in spending following more disposable income due to lower oil prices. If consumer prices stay low, retail sales may lead the economy out of its slump. If prices jump again, it could mean a return to "stagflation," which is another favored topic of argument among economists.

If prices start to decline precipitously, head for the economic bomb shelter. The last time prices steadily declined was during the 1930s, in the depths of the Great Depression. "You don't have deflation unless the economy is going to hell in a handbasket," says UNUM's Forrest.

Consumer confidence

Consumer confidence is a key component of an economic recovery. Without it, fiscal or monetary policy needs to beat a tough tack into the wind. Part of the reason the Bush Administration waited to admit to a recession was an effort to maintain confidence. A president or governor who despairs about the economy too soon does no one any service. Of course, if he denies poor economic conditions too long - as did Gov. Jock "What recession?" McKernan - he'll be taken for a fool. That doesn't inspire much confidence either.

There are all sorts of indexes that purport to measure consumer mood. The two best-known are compiled by the Conference Board (a business organization) and the University of Michigan. The Conference Board's index declined steadily from last March to August, when it plummeted following Iraq's invasion. The January index showed little improvement, even after the initial upbeat mood following the Gulf War outbreak.

What to look for: Follow the consumer confidence indexes, but pay equal attention to the mood in your neighborhood. The economic grapevine grows fast and tenaciously. When a friend of a friend's brother-in-law is laid off in Madawaska, you'll probably hear about it eventually, along with dozens of others. The mood at the local laundromat can be just as good an indicator of economic confidence as what Tom Brokaw or George Bush tells you.

News media

The media is notoriously reactive when it comes to economic news, scrambling teams together to put out extended series on the economic crisis only when the decline is well underway, if not over.

The mainstream media is also a good bellwether for local advertising, which indicates local economic health. An increase in classified ads (particularly for those unrelated to distress sales or bankruptcy announcements), is a good sign. On television, fewer public service ads on local broadcasts are a good sign. These ads, which encourage the viewer to help fight obscure diseases or stop drunk driving, fill air time for which no ads have been sold.

What to look for: When an alternative weekly newspaper that has heretofore shown little interest in economics runs a cover story on the topic, you can figure that the end of the recession is probably pretty near.

Wayne Curtis writes regularly about economic and environmental issues.

BEST OF PORTLAND

Greater Portland is a unique and beautiful area filled with all sorts of interesting people - like you, for instance. We want to know what you think represents the best (and worst) Portland has to offer. In fact, we want your opinion so badly that we're going to give away some great stuff to lucky readers chosen at random - just for returning this ballot.

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BITING BACK!

Continued from front page

You've probably seen Maine Animal Coalition (MAC) members on the news. They were the ones standing at Monument Square in the rain the day after last Thanksgiving, bearing placards that read "Fur Kills" and "Fur Is Dead" to a chorus of honking cars. They recently held a small fur protest on a street corner in Scarborough. And they picketed Cape Elizabeth Town Council members to protest last fall's special bowhunting season for deer.

From its humble beginnings during a 1987 meeting at the Ecology House on Portland's Exchange Street, MAC has grown into the largest and most visible group of animal activists in the state.

"Members include everyone from teachers to factory workers to students to nurses to retirees. Everyone is represented," says MAC board member and vice-president Anne Pennisi, who dates her involvement from age ten when she saw a raccoon in a leg-hold trap. "Right now we have 800 to 900 members spread out across every corner of the state."

And MAC pack a punch. The group won passage, for example, of a state law prohibiting the use of pound or shelter animals for lab experiments - a common practice in many other states. Members were heard across the state, in newspapers and during television debates, decrying the recently aborted plans to restock caribou in the North Woods. They were highly visible during the Cape Elizabeth bowhunt protests. And their fur protests become more popular each year. Why has MAC developed such an insistent voice?

"Maine is a tough nut to crack on issues like hunting or trapping," notes Pennisi. "Everyone always says it's their livelihood at stake. Hunters and trappers have a very powerful lobby here."

Not all MAC's work is as confrontational as the fur protests or the effort to ban leg-hold traps and wire snares for trapping. Other projects educate people with companion animals to spay or neuter their pets early in life, ask the state to abolish its heavy bounties on coyote kills, and try to get free-range eggs into major supermarkets.

Though the group is completely nonviolent, tempers do rise over emotional issues like circus and fair events which use animals.

"The media still paints these things as fun," says Pennisi. "But MAC is totally opposed to any use of animals for entertainment."

Putting its money where its mouth is, the group offers a standing \$500 reward for evidence leading to the arrest and conviction of persons who are cruel to animals. One result, says

trapper's wife. Veal farmers are very well-represented. The agriculture reps enthusiastically endorse state fairs, pulling events, pig and calf scrambles, and intensive farming practices. The veterinarian is a vocal advocate of vivisection."

MAC has also used the Freedom of Information Act to obtain information about the numbers and kinds of animals used by Maine medical companies, colleges and universities.

Upcoming public events planned by MAC include celebrating the Great American Meatout on March 20 (MAC will have tables set up at USM's Portland campus on March 18 and 19), and observance of Lab Animal Week in April, which will highlight the plight of animals used for medical or product testing.

Maine Animal Sanctuary, an unrelated group, is working to raise funds for a no-kill shelter in the Portland area. The group meets every second Tuesday of the month at 7:30 p.m. at Clark Memorial Church, 15 Pleasant Ave., Portland. Because of overcrowding, say activists, thousands of shelter and pound animals are euthanized each year.

Making well

Dressed in blue scrubs, working late on a Saturday afternoon, Dr. Bernie Wall walks through the Stoneledge Animal Hospital near Pride's Corner in Westbrook. Wall, who is chief veterinarian at Stoneledge, passes a small surgery room, a small closet of medicines and a smaller darkroom for developing X-ray film. Though the constant peeping and singing of finches mixes with opera and classical music here, it is a compact, no-frills, no-nonsense building.

In the back is a room where animals are kept. Entering, Wall points to three wild birds - two pigeons with broken wings and a mourning dove which appears to have been clawed by a cat. Each is here because someone cared enough to bring it in.

"You should have been here a week ago," says Dr. Wall, becoming animated. "We took in a fox that had been hit by a car in Portland. A lady picked her up out of the slush. In six days she was ready to be released in the wild."

This is no ordinary animal hospital.

Besides his duties as doctor to Portland's domestic cats and dogs, Wall performs and coordinates local (and fully volunteer) wildlife rehabilitation efforts.

Wildlife rehabilitators, usually called "rehabbers," are the seldom-seen front lines of the animal welfare movement. Operating by a strict philosophy - and licensed by state and local wildlife agencies - they do the hands-on work of the movement, righting the wrongs of a human "war on wildlife": countless birds and animals crippled with gunshot and trap wounds, cat gouging, and injuries from striking wires, poles or moving vehicles.

Rehabbers sometimes respond to emergency calls, taking injured wildlife to vets for care if needed. But most of their work comes from referrals from a wide variety of wildlife groups and doctors. Once entrusted with a creature, these people begin the time-consuming but rewarding work of rehabbing: exercising a hawk on a leather line, giving an owl a large flight pen to practice her flying, or tying a fox onto a fox run for a workout.

"Most rehabbers aren't even doctors; they're simply private citizens who care about the well-being of injured wild animals. 'I'm not the only one,' says Dr. Wall. "There are lots of people out there doing this."

Sally Butcher is one of those people. She takes in birds and mammals after treatment and houses, feeds and exercises them back to health. "I give creatures a place to become well," she says, describing her work with small mammals and birds.

"The rules that apply to domestic animals don't apply to wild animals. You don't want to tame them. The trick is to wait until they're wild and well enough to be freed, but if you wait too long they get depressed in the cages. It's nice to help create a few successes among many failures."

The network of volunteer rehabbers and vets, though unofficial, is a strong one: everyone knows everyone else. If a specialist in treating seals is needed, for example, some vet or rehabber will know one. If Dr. Wall is brought an injured duck, he knows a woman who rehabs ducks in her pond. This closeness and sense of purpose, says Dr. Wall, "serves the animal, not the organization."

Like most rehabbers, Butcher is very clear about why she does what she does: "The reason rehabbers do this is because people have usually caused the injury to the wild creature, and a certain number of us feel guilty about that. We want to repair the damage. We owe it to the creatures to try to get them out again; the whole effort is aimed at releasing them - fixing them and then letting them go."

"One of the real tragedies is when someone opens up a camp in the spring and finds a family of raccoons has made their home there. They shoot the mother and then call us about the babies. That is wrong; the mother knows how to take care of her family. She will leave the cabin if left alone."

Though incidents like these anger rehabbers, Butcher believes that human compassion toward animals is growing. She tells the story of a hunter who brought in a goose another hunter had shot, then left crippled on a golf course. As far as she knows, the goose survived.

What should people do when they find injured wild birds or

animals? It's best to call an animal hospital for advice, says Dr. Wall, or the Animal Emergency Clinic hotline, at 878-3121, during weekends or at night. The vet may send a rehabber to the scene; sometimes, people are told how to transport the animal themselves to a nearby hospital or vet. Time is important; if a phone is unavailable, it's best to carry the animal or bird carefully to a car and get help quickly. (Dr. Wall does caution against taking home fully feathered baby birds, whose parents are probably nearby.)

Those who would like to become wildlife rehabbers can find out about the licensing workshops from the state Inland and Fisheries Wildlife warden. Volunteers are also badly needed in the spring, to help rehab certain baby birds that need to be fed often.

More than academic

"I remember being horrified by what I saw, but I didn't say 'I need to do something.' It was just an emotional response," says counselor Ken Shapiro, relaxing in a New Gloucester office whose walls are covered with wildlife art. "I just didn't make the connection until I bumped into Peter Singer's book 'Animal Liberation.'" Shapiro says the book's chapter describing his own profession's use of animals as subjects - often in extremely cruel but irrelevant experiments - touched a nerve and galvanized a commitment to end the suffering to which he'd previously been blind.

Shapiro began searching for ways to air his concerns. In 1981 he organized an animal rights symposium at Bates College, where he is still a counselor and professor of clinical psychology. It was among the first such gatherings in the country. Though the conference was sparsely attended, participants listened avidly to speakers like Dr. Tom Regan, national head of People for the Ethical Treatment of Animals (PETA). The experience convinced Shapiro there was a need for an animal rights group within the profession of psychology.

Shortly afterward, Shapiro and another psychologist founded PsyETA: Psychologists for the Ethical Treatment of Animals, a national group addressing the issue of animal use by psychologists. The group now boasts 500 to 600 members spread across several hundred college and university campuses, though attracting membership wasn't so easy in the early days.

"It was touch and go at first," says Shapiro. "I was very naive about organizations, I didn't know how to raise money and so forth, and it went slowly." There were few sympathetic ears in the professional community.

Then a Silver Springs, Md., case brought national attention to psychologists exposed for their cruel research experiments on monkeys. PsyETA suddenly found itself with willing listeners. Caught in the close scrutiny of the public eye, and under pressure from Shapiro's group, the American Psychological Association (APA) - the largest, most powerful professional organization of psychologists - put guidelines on the use of animals into its national bylaws as a result.

Direct action campaigns aren't usually the PsyETA way.

"We're a resource for some of the activist groups," notes Shapiro. "We provide testimony, we review proposals and research, and if it's not a scientifically valid experiment - if it isn't useful for understanding humans - we tell them."

"We tell them, for instance, why they'd be better off putting their money in drug rehabilitation programs than in training monkeys to push levers under the influence of drugs."

PsyETA also publishes an annual workbook called Alternatives, which describes ways to reduce both the numbers of animals used in experiments and the suffering of those animals. A second publication, a journal to be called Society and Animals, will debut soon. Shapiro says it will include studies on people's attitudes toward animals, and why they choose certain lifestyles. Lab technicians who test products on animals, vegetarians or rodeo performers might be the subjects of such studies.

Shapiro's group also acts as a watchdog on psychologists who use animals. One way is through use of an "invasiveness scale" which rates experiments on the amount of harm they do to animals. Very invasive (cruel) experiments, for example, would then require more justification than usual before they could be carried out. This scale, which Shapiro hopes will gain wider acceptance as more studies are published, also makes it possible to compare different science textbooks according to their portrayals of lab animals. One PsyETA study found that APA was loading its CARE (animal research) committees with people who had done crueler-than-usual experiments. This work will be reported in the national magazine The Animals' Agenda.

In addition to PsyETA's work of overseeing experiments by college and university faculty, the group also sees the methods of science education as a major arena for change.

"It's important," Shapiro says, "because students get socialized early into animal research. And the research shows that these are deep attitudes" about animals as objects; once held, they tend to remain for life. So PsyETA has focused heavily on educational methods and materials.

A students' rights bill passed by the Maine legislature, but unsigned by Governor McKernan, is one example: the bill was Shapiro's work, in conjunction with the Maine Animal Coalition. Though the bill didn't become law, the state has issued an

advisory that students must be informed of their right to refuse to dissect or experiment on animals. Shapiro believes this advisory will stand up in court if a student is punished for exercising this right.

"I believe there are certain things you can't do to an animal," says Shapiro quietly. "You can't deprive a monkey of its mother. You can't take a cat and rear it in the dark, sewing its eyes shut. You can't addict monkeys and drive them crazy. We're not the biggest, most powerful group. But we do make gains. It's a constant battle."

Indeed, the numbers of animals used by psychologists are demonstrably dropping, slowly but steadily; so is the cruelty of those experiments. PsyETA's small voice is being heard.

Paul Karr, a poet and environmental writer, takes his relationships with animals very seriously.



Anne Pennisi with Ruby, her animal companion of 11 years.

CBW/Tonee Harbert

Eye on you

Though the conference "Bring Democracy Home" - which toured Maine colleges and universities March 1-3 - described the FBI and CIA's domestic spying on activist groups and individuals, it didn't really touch on the FBI's new interest in environmental groups. Perhaps it should have, because some disturbing trends are emerging.

The FBI's history of spying on domestic groups that threaten the status quo is becoming better documented each year: groups advocating for peace, feminists, blacks, Indians and Central Americans have been targets of spook tactics like espionage, infiltration and disinformation.

As environmental groups gain both numbers and power, the feds are taking a new interest in radical groups like Earth First! And those businesses targeted by animal rights group protests and boycotts are also fighting back by spying on them and discrediting them - even provoking them into illegal acts.

Here in New England a spy named Mary Lou Sapone, working for anti-animal rights group Perceptions International, wormed her way into the inner circles of the local animal rights movement. Using a cover as the Connecticut contact for Earth First!, Sapone gathered information on activist identities and plans.

In 1987, she gave an animal rights workshop at the first Gulf of Maine Bioregional Congress, putting her in close contact with local "underground" activists. And, when Perceptions was hired by a medical supplier which had been protested for its killing of dogs during sales demonstrations, she began trying to persuade people in the movement to bomb the company's offices.

After numerous false starts, she succeeded in provoking a bomb attempt. When the bomber was arrested, Sapone turned over hundreds of wiretapped phone calls to the FBI. She may also have helped bug the Connecticut offices of Friends of Animals, a nonviolent organization now suing Perceptions and Sapone for illegal espionage.

The FBI has been actively spying and harassing animal rights activists out West. In Arizona, an FBI "plant" worked with three Earth First! activists to sabotage high-voltage power lines near a nuclear reactor. When the agent and the activists arrived, other FBI agents swooped in and arrested them. Earth First! founder Dave Foreman, not present, was dragged from his Tucson home on a charge of supplying funds for the sabotage. Two years later, the case is still pending trial.

Other federal harassment of animal activists has taken place in Montana, Nevada and several parts of California.

Paul Karr

"We owe it to the creatures to try to get them out again; the whole effort is aimed at releasing them - fixing them and then letting them go."

Sally Butcher



Ken Shapiro of PsyETA.

CBW/Tonee Harbert

Pennisi, is that people are bringing video cameras to fairs where horse or ox pulls take place. And less animal abuse is taking place because of their presence.

Like many MAC members, Pennisi is a vegetarian. She concedes that "the meat and leather industry will be the last to change. But if people are shown a piglet in a cage with other pigs defecating on it, or how they are handled en route to slaughter - a percentage die this way, screaming with fear as they are herded up ramps - I think they'll get some idea of how their little cellophane packages are brought to them by the meat industry."

MAC also makes a point of keeping tabs on the Maine Animal Welfare Board - which is charged with regulating farming conditions, kennels, pet shops, fairs and other uses of animals - because MAC believes the committee is loaded with anti-animal rights interests. As a recent MAC newsletter article puts it, "one humane society woman turned out to be a

One PsyETA study found that the American Psychological Association was loading its CARE (animal research) committees with people who had done crueler-than-usual experiments.

Put your bears in the air!

I saw a flying Gummy Bear.

All I'd planned on seeing was a movie at Nickelodeon Cinemas on Temple Street in Portland. I bought my ticket and took a seat down front just as the previews started.

But tossed in with the star-wars popcorn ads and the previews of coming attractions was a commercial for Hoyts Cinemas' new eight-screen theater, scheduled to open this spring at the still-under-construction Clark's Pond shopping center. That's when it happened.

The commercial was pretty simple. It showed a map of where the new theater will be (near the Maine Mall in South Portland), and boasted about its stereo sound and "cup holders at every seat."

At first all I heard was a hiss, but it grew quickly to a howl. "You think I'm gonna walk to the mall?" yelled one patron. Soon, the audience was a chorus of shouts in the dark.

By the time the announcer got to the cup holders, a moviegoer somewhere behind me just couldn't hang onto his or her cup any longer. I was suddenly flooded with wet memories of watching "The Rocky Horror Picture Show" in college.

Then came the Gummy Bear.

This was not merely a screen version of a 12-foot-high Gummy Bear that floats by at the beginning of the Maine Mall Cinemas popcorn ad. No, this was a *real* Gummy Bear. It was actually flying. And it missed my left ear by inches.

"I'm not surprised," said Morris Englander, chief executive officer of the Boston-based Hoyts Cinemas Corp., which plans to close the Nick after the Clark's Pond theater is up and running. "Some downtown moviegoers feel that we've abandoned them."

Englander worked for General Cinemas for two decades before

moving over to Hoyts. While at General Cinemas, Englander built the cinderblock palace located across from the Maine Mall; now he's building another one for Hoyts at Clark's Pond.

"It's flattering, really," said Englander, of the turmoil at the Nick, which he called an "art" theater. "When you close a mainstream theater, all you get is a lot of yawns."

Englander said he is willing to keep the Nick open if he can strike a deal with the city of Portland, which owns the building. Talks between Hoyts, the property manager and the city "petered out" last winter, according to Englander, but the city has come back with another offer during the last couple of weeks.

Moviegoers are not the only ones on the edges of their seats. Losing the Nick would be a tragedy for both peninsula residents and downtown businesspeople, who realize that the theater bolsters the economic vitality of the entire downtown.

Virginia Hildreth, who handles the building for the city of Portland, wouldn't say anything concrete about the deal. Englander said he is "guardedly optimistic" that Hoyts will stay downtown.

And what I say is: toss these folks a few Gummy Bears!

But let's not just throw them at the screen. Let's not sit idle while they take our Gummy Bears away. Let's send our bears to the people who can keep the Nick in downtown Portland!

Join me and mail your Gummy Bears to:

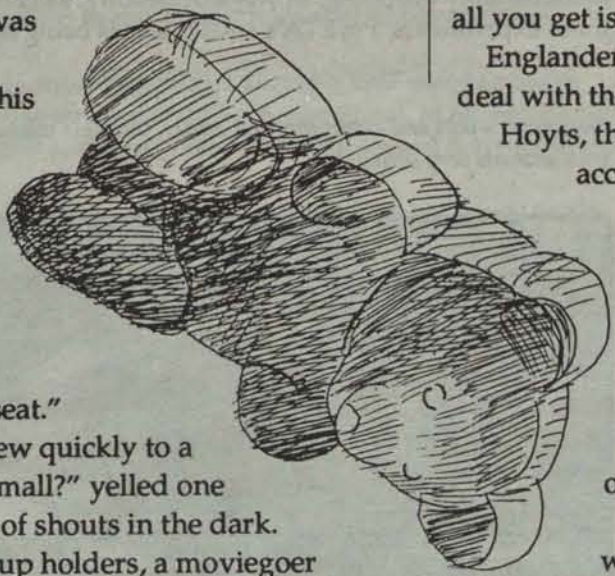
■ Morris Englander, Chief Executive Officer, Hoyts Cinemas Corporation, One Exeter Place, Boston, MA 02116.

■ Virginia Hildreth, Director of Economic Development, Portland City Hall, 389 Congress St., Portland, ME 04101.

■ Mayor Peter "G-Bear" O'Donnell, Portland City Hall, 389 Congress St., Portland, ME 04101.

It's time we put our bears in the air.

(MP)



editorial

McKernan's misdemeanors are impeachable

■ By Donald Maurice Kreis

In this winter of Maine's discontent, Governor John R. "Jock" McKernan has become like the weather - everybody talks about him, but nobody does anything about him.

This was not the case in 1368, when King's Chancellor and Earl of Suffolk Michael de la Pole plainly broke a promise he had made to the British Parliament regarding certain improvements to royal property. Parliament reacted with the first impeachment proceedings in Anglo-American history, seeking to remove the chancellor from office because of "high crimes and misdemeanors."

That nugget of legal history is of incalculable significance as Mainers wonder whether McKernan's budgetary subterfuge during his re-election campaign is enough to drive him from office. "Joe Brennan is not telling the truth about the budget, and by implication he's trying to say we have a deficit, which we don't," McKernan stated publicly in late October. Less than a month later, it was apparent that Maine's deficit was blossoming like a cancer - a fact that could not have been unknown to the McKernan administration as McKernan was speaking those words.

McKernan is clearly as impeachable as the king's chancellor was in the 14th century. From de la Pole to Tricky Dick, the phrase "high crimes and misdemeanors" has never required the commission of a crime. As the House Judiciary Committee told the U.S. Congress in 1973, the phrase has historically also embraced such political offenses as "abuse of

official power," "neglect of duty" and "betrayal of trust."

One of the framers of the U.S. Constitution, James Iredell of South Carolina, told his state's constitutional ratifying convention that the president could be impeached for giving "false information." We had at least \$100 million worth of that last fall here in Maine.

"What, then, is an impeachable offense? The only honest answer is whatever a majority of the House of Representatives considers it to be at

a given moment in history." That comment was made on April 15, 1970, by a congressman urging the impeachment of Supreme Court Justice William O. Douglas. For the trivially minded, he was Rep. Gerald R. Ford (R-Mich.).

Maine has never impeached a governor, although Article 9, Section 5 of the state constitution allows the Maine House of Representatives to impeach public officers for "misdemeanors," a phrase that is historically analogous to the "high crimes and misdemeanors" in the U.S. Constitution. Maine's biggest impeachment to date came in 1913, when the Legislature removed Cumberland County Sheriff Lee Moulton from office for failing to enforce Prohibition. The Maine Supreme Court specifically ruled that Moulton could be thrown out even though he had not committed a criminal act as long as the complaints against him concerned either his qualifications or "his performance of his duties,

showing that he is not a fit or proper person to hold the office."

History speaks resoundingly: Maine can remove an incumbent governor from office for obtaining reelection by misleading the public about the fiscal crisis. It won't happen: the House would have to muster a two-thirds majority to pass articles of impeachment, and the Senate would have to convict with a two-thirds majority. That's a political impossibility. But we must not let our lawmakers tell us McKernan has not committed an impeachable offense.

Maine's tradition of accountability and democracy is therefore begging us to do what 11 other states have done: include a recall provision in the state constitution. Arizona's recall mechanism is the nation's most famous since it was so effectively used to drive the lunatic-fringe, right-winger Evan Meacham from office. If 25 percent of Arizona's voting public sign a petition asking for a recall, then the state automatically holds a special gubernatorial election and rival candidates can even appear on the ballot.

Would that Maine could so easily relive November 6, 1990! The AFDC mothers, University of Maine students, unemployed state workers, mentally ill people, lovers of the environment, utility ratepayers and others who will bear the brunt of McKernan's malfeasance would rally around recall - with feeling. And such a movement would be very much in the revolutionary democratic spirit of 1368. Let the constitutional amendment process begin!

Donald Maurice Kreis is an impeached journalist who now studies law.

citizen



City of Portland worker Jay DiPaolo leaps to dry land after the truck he was driving fell through the ice into the pond at Deering Oaks park on Feb 27.

■ By Toney Harbert

seen

Twisting the faith

Blessings upon you for your insistent call for peace and your persistent speaking of truth. Bill Cutlip's biting and revealing article about how warmongers twist faith and religion to justify slaughtering the children of all lands was a fine piece. I only wish he had included the name and address of the pastor at the church where a man can get arrested for pleading for peace...

Please continue to wage peace in your paper every week. We need lots of information to counteract the heaps of propaganda we're fed.

Eli Dale
Eli Dale
Portland

Maine's own Victor Klam

There is an old saying, if you give someone enough rope they'll hang themselves. It looks like Casco Bay Weekly and its staff of schoolboy, locker room editors are nearing the end of their own coil of rope. "Best Person to Punch Out," really!

You profess peace, justice, ecological cleanup, open-mindedness. In actuality you promote sexism, violence and add fuel to the aggressive power mad mentality that the American war machine and its own locker room leaders are also promoting. "Best

Person to Ignore," your next category, is certainly Monte Paulsen, Maine's own Victor Klam.

Bonnie Moore
Portland

Kinder and more gentle

A reflection on George Washington's birthday: George Bush - the kinder and gentler president.

He has started two wars; continues to ignore the global crisis of the environment and now is pushing for more oil drilling in sensitive areas and for construction of more nuclear power plants...

It seems the real plan is to kill us with kindness and gently destroy the whole planet.

Toni Leone
Gorham

Junk food AIDS story

Your article on "ACT UP and the politics of AIDS" read like a junk food meal and should have been entitled "McACT UP and the politics of McAIDS." Not only was the article as bland and unappetizing as a Big Mac, but the article also left me feeling as disappointed (and slightly disgusted) as a meal at McDonald's leaves me.

This was your big chance

to put the real picture of AIDS in the faces of Maine people, but instead you misled your readers much like the recycling signs at McDonald's do, and presented them a Big Mac and large fries. Thanks, but no thanks. I'd rather eat at home.

Terry J. Dubois
ACT UP/Maine
Cape Elizabeth

Domino disappointment

I was greatly disappointed to read your print advertisement for Domino's Pizza. If you're truly going to write of this corporation, how could you possibly neglect the ongoing boycott because they are the largest contributors to pro-life organizations in this country? The ultraconservative Tom Monaghan has even gone so far as to take his

commercial off Saturday Night Live because they promote "un-American" values.

At least, if you do a story on pizza delivery (with a large focus on Domino's), then it would be important to note the Michigan case where a mother is suing Domino's for the death of her teenage son who was tragically killed while trying to out-race their guaranteed delivery time.

Martin Spike
Portland

Desert ghosts

I fear this country is being revisited by the Ghost of our Past. The chains rattle, and the specter becomes more substantive each day. Like Scrooge, I thought we might learn from our past, I believed we would never again drop bombs for peace.

The war... has consumed the media. It grows bigger and more frightening as we feed it and upon it. The Ghost of our Present. I listen to the rhetoric being born, the catch phrases that will forever etch this event in history: Operation Desert Storm, Scud missiles, Patriot missiles, Stormin' Norman, collateral damage, smart bombs, surgical strikes.

This is my vision: to hear the word war and to feel proud that we are fighting. It goes like this: "With up-to-the-minute information we now bring you coverage of The War on Poverty, The War

Against Aids, The War Against Homelessness, The War Against Racism, The War Against Illiteracy, Discrimination, Disease, The War on Drugs, Child Abuse, Hunger."

These are wars we could be proud of. Just wars, wars on behalf of humanity. But, we are told by President Bush, "The War is going on schedule." I dread the Ghost of our Future.

Rhonda Wilson-Ervin
Cape Elizabeth

Silly doodles

I was reading your Jan. 17 issue recently, and when I reached page 32 I realized why your paper seemed a little thicker than usual. You had dedicated three full-page advertisements, and about a page of small ads and silly doodles, to yourselves.

This amounted to a full double sheet of newsprint, or 12.5 percent of the paper. You seem to like figures, so please tell us how many trees were needlessly consumed telling people who were already reading your paper to read it.

Please in the future try to practice what you preach and don't waste this planet's valuable and dwindling natural resources blowing your own horn.

Dave Shepard
Peaks Island

Casco Bay Weekly

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Entertainment Weekly

Submissions for Entertainment Weekly must be received in writing on the Thursday prior to publication. Send your Calendar and Listings Information to: Ellen Liburt, Casco Bay Weekly, 551A Congress St., Portland, ME 04101.

The Casco Bay Weekly Calendar: 10 days and more ways to be informed, get involved and stay amused.

7 THURSDAY

◆ Mothers and daughters? Roll over, Turgenev. The Theater Project presents "Eleemosynary," Lee Blessing's play exploring the tenuous relationship between mothers and daughters. "Eleemosynary," which means charitable, deals with a grandmother, mother and daughter learning how to communicate and forgive. Catch this play on opening night, March 7 at 8 p.m., at The Theater Project, 14 School St., Brunswick (near the Tontine Mall). (For further details, check Stage listings.) Tickets are \$10, \$8 for senior citizens and children. For information and reservations, call 729-8584.

8 FRIDAY

◆ Today is International Women's Day, and Amnesty International will be marking the occasion with an action allowing Amnesty members and the community to discuss and educate each other on human rights issues concerning women, and to write letters supporting, defending and encouraging the respect of human rights. March 8, at 6:30 p.m., at Raffles Cafe Bookstore, 555 Congress St., Portland. For more information, call Jeff Spring at 874-2351, or Lise Gorayeb at 797-5269.

◆ Will you dance? The first annual Downeast Country Dance Festival will be held

March 8, 9 and 10 at Memorial Middle School on Wescott Road in South Portland. The event will include dances, musicians' workshops and performances of every imaginable dance. The festival will also feature that Downeast specialty, a "Lady of the Lake" stomp, twirl, balance & swing contest, as well as performers including Fiddler's Reach, the Casco Bay Tumblers and Steve Zakon and his Fresh Fish. The festival will begin with a dance Friday (March 8), from 8 p.m. to midnight. Cost is \$5-\$15, depending on how much of the weekend you attend. For all levels of experience; singles and couples welcome. Soft-soled shoes only. (See Etc listings for further details.) For information, call 773-6212.

9 SATURDAY

◆ Fringe benefits: The Fringe, a three-piece jazz band, will hit the Cafe No (20 Danforth St., Portland) for two sets on March 9, at 9 and 11 p.m. With George Garzone leading the band on tenor sax, The Fringe has steamed up clubs from Europe to South America for the last 20 years. So steam on over! Admission is \$9. For more information, call 772-8114.

◆ Feeling sluggish? A bit peaked? Take a ferry ride to Peaks and get those roses back in your cheeks. This Saturday night, the folks on Peaks Island will be holding a Spaghetti Supper & Contra Dance at Brackett Memorial Church, to benefit the Peaks Island Child Development Center and P.T.O. Dinner will be

served from 5 to 7 p.m. and there will be dancing from 7 to 10 p.m., with music provided by Ellen and the Sea Slugs. Supper costs \$4.50, the dance is \$3, both are \$5.50. No contra dance experience needed. All ages welcome. For ferry information, call Casco Bay Lines at 774-7871. For further information, call 766-2854.

◆ You might also consider getting toasted. That is, seeing The Toasters, those masters of ska, as they perform their eclectic blend of calypso, R&B, rap and pop, on March 8, at 9:30 p.m., at Raoul's Roadside Attraction, 865 Forest Ave., Portland. Tickets: \$5. For further information, call 773-6886.

10 SUNDAY

◆ Hard on the heels of Imelda, it's Emperor Maximilian the Most, of The Prince Street Players' "The Emperor's New Clothes." This musical comedy is based on Hans Christian Andersen's "riches to rags" tale of the emperor whose haberdashery habit makes hash of his country's economy (until his subjects dash to the rescue, teaching their emperor a lesson). Portland Concert Association presents this musical March 10, at 2 and 4 p.m., at Portland City Hall Auditorium, 30 Myrtle St., Portland. Tickets are \$8 for adults, \$6 for children 13 and younger. For reservations and information, call 772-8630.

◆ Peter and the Wolf: The Portland Museum of Art presents Prokofiev's children's tale with Ed Morin of MPBN radio narrating the musical performance by The Block Ensemble, a wind quintet whose members include principals from the Portland and Vermont symphony orchestras. The concert is March 10; free coffee, juice, bagels and cream cheese

will be served beginning at 10:30 a.m., and the concert begins at 11. Audience members are invited to bring their own cushions and Sunday papers. Tickets are \$7 for museum members, \$9 for non-members, and \$3 for children under 12. Ticket price includes museum admission. Seating is limited and available on a first-come, first-served basis. For more information, call 775-6148.

11 MONDAY

◆ Do you believe in miracles? Bernie Siegel is a Yale physician renowned for his work with cancer patients focusing on body-



Get toasted with these masters of ska. See Saturday, March 9.

mind communication and self-healing. Dr. Siegel will give a talk entitled "More on Peace, Love, and Healing" March 11, from 7:30 to 9:30 p.m., at USM's Portland campus in the gymnasium (on Falmouth Street). Cost is \$17 in advance, \$20 at the door. For further information, call 874-6500.

◆ Dance in the Spirit of Peace: This Monday and every Monday at the Wherehouse (29 Forest Ave., Portland), there will be a gathering of drummers and dancers moving toward a resolution of personal and political conflict. (Has Stormin' Norman considered this as an option?) That's alright, you can. B.Y.O. Instruments. For further information, call 674-2606.

12 TUESDAY

◆ Do you know the coast of Maine? Maine Maritime Museum will host a lecture by Paul G. Keough, deputy regional administrator for the eastern region of the EPA, on "The Future of the Coast of Maine is Now." March 12, at 5 p.m., at 243 Washington St., Bath. The cost is \$6 for members, \$9 for non-members. Reservations are required. Call 443-1316 for more information.

◆ And talk about checkered pasts, exciting futures! The World Affairs Council will sponsor a lecture entitled "The Middle East: After the War," delivered

13, at St. Luke's Cathedral, 143 State St., Portland. Admission is free, and audience members are invited to bring their lunches and eat with the performers after the concert. For details, call 772-5434.

14 THURSDAY

◆ Are you healthy? Wealthy? Wise? OK, how 'bout just healthy? If so, today you can do what you've probably been meaning to do for awhile now: donate blood, from noon to 7 p.m., at the American Red Cross (524 Forest Ave., Portland). It's quick, it's easy, and it saves lives. Besides, after you



Do these mothers and daughters look eleemosynary? See Thursday, March 7.

gress St., Portland, tel. 761-3930.)

◆ Strung out after a hard week? Unwind with the Portland String Quartet on March 15, at 8 p.m., as they wend their way through the Quartet in A Minor, Op. 29, by Schubert; the String Quartet No. 1 by Frederick Koch and the Quartet in D by Franck. The concert will be given at Immanuel Baptist Church, 156 High St., Portland (across from the Sonesta Hotel). A reception will follow in the church parlor. Tickets are \$12 general admission, \$6 for those under 12 and over 65. For more information, call 761-1522.

16 SATURDAY

◆ "Racism: Often Unspoken, All Too Real" is a one-day

workshop exploring institutional racism in Maine, the ways we all internalize racism and what we can do to change it. The workshop, sponsored by the Center for Vision and Policy, will be led by Anita and Gerald Talbot, native black Mainers, long-time activists and educators for social justice, and founders of Black Education and Cultural History. The workshop will be held March 16, from 9 a.m. to 4 p.m., in Portland. The cost is \$35 to \$45. For registration and location, call 442-7260.

◆ Mask-Making & Printing Workshops: Local artist Robert van Der Steenhoven and puppeteer Nancy Parker of the Shoestring Theater will direct the activities for children ages four to eight, on March 16, from 10 a.m. to noon, at West Side Child Care, 132 Danforth St., Portland.

Mask-makers are asked to bring paper bags and trims of any kind. Printers are asked to bring smocks. The cost is \$10 per child. For further information, call 772-9817 during the day.

◆ It's March and you're looking for "Signs of Life." Ram Island Dance Company will present the first performance in a series of four on March 15 & 16, at 7:30 p.m., at Barriodoff Galleries, 26 Free St., Portland. These performances will feature "Ark" and "vantage point," two works by the company's artistic director Daniel McCusker. All tickets are \$10. Call Ram Island Dance for reservations or further information at 773-2562.

Cheap date: befriending the bay

Spring is in the air and the sea gulls are dipping and wheeling over the cerulean waves of Casco Bay. You're feeling curious, if a tad penurious. Why not find out what turns the bay that incredible shade of blue?

The City of South Portland and the Friends of Casco Bay are prepared to treat you and your cheap date to a free tour of the city's wastewater plant. Be the first on your block to visit the city's composting facility! You will learn how treatment plants work and the role they play in environmental cleanup efforts. You will even witness a pump station in action and learn more about the combined sewer overflow problems facing several communities in the Portland area.

This expedition for the ecologically inquisitive will take place on March 9, from 9 a.m. to noon, at the South Portland Wastewater Treatment Plant on Waterman Drive, in South Portland. For more information, call 767-7675.

Not only will this affair inform you, it may just be the cheapest date in history. After all, it's a good bet that after touring the plant, the thought of dining out, or dining anywhere at all, will leave you and your cheap date's faces about the same hue as Casco Bay.



Don't wolf your food. See Sunday, March 10.

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Ann Beattie will read from her work Thursday March 14 7:30pm

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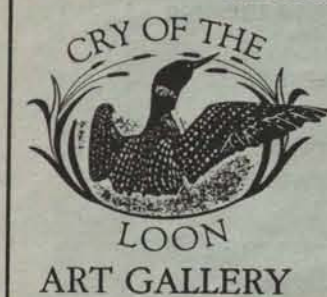
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Entertainment

Weekly

Continued from 10-day CALENDAR

WHAT'S
WHERE

Nickelodeon

Temple and Middle streets,
Portland
772-9751First, third and fourth shows only
Mon-Fri

All shows Sat-Sun

The Doors (R)

12:30, 3:50, 6:45, 9:40

Dances with Wolves (PG 13)

12:15, 3:35, 7:15

Silence of the Lambs (R)

12:40, 4, 7, 9:45

L.A. Story (PG 13)

1:10, 4:20, 7:20, 10

Shipwrecked (PG)

1, 4:30, 7:35, 9:55

Mr. & Mrs. Bridge (PG 13)

12:50, 4:10, 7:10, 9:50

General Cinemas

Maine Mall

Maine Mall Road, South Portland
774-1022

He Said, She Said (PG)

12:45, 3, 5:10, 7:25, 9:40

Scenes From A Mall (R)

1:15, 3:20, 5:25, 7:30, 9:35

King Ralph (PG)

1, 3:15, 5:20, 7:35, 9:45

Green Card (R)

1:30, 4, 7, 9:30

New Jack City (R)

12:45, 3:05, 5:20, 7:35, 9:45

Hard Way (R)

1:30, 4, 7, 9:30

Home Alone (PG)

12:45, 3, 5:20, 7:40, 10

The Movies

10 Exchange St, Portland

772-9600

Henry & June (NC 17)

Mar 6-10

Wed-Sat 6:45, 9:30

Sat-Sun Mat 2:30

Sun eve 8:30

Tales From the Gimli Hospital

March 9-12

Sat-Sun Mat 1

Sun eve 7

Mon-Tues 7, 8:30

Landscape in the Mist

March 13-17

Wed-Fri 6:45, 9:15

Sat-Sun Mat 1, 6:45

Portland Museum of Art

Seven Congress Square

Portland

775-6148

March 7

Blow-Up

7 pm

SILVER

SCREEN

Blow-Up Antonioni's influential but now

rather dated foray into '60s sensibilities.

Starring David Hemmings and Vanessa

Redgrave, an unusual series of photo-

graphs leads a photographer to believe

that he has witnessed a murder in this

astonishing thriller.



The real-life Doors - Morrison, Densmore, Manzarek and Krieger.

God of rock

■ "The Doors," directed by Oliver Stone
With Val Kilmer, Meg Ryan and Kyle MacLachlan
Now showing at the Nickelodeon Cinema, Portland

You've seen this movie before. Young rock star shoots to fame and fortune. In a wink, all the trappings of sudden success start to drag him under. Too many drugs, women, parties. He betrays his faithful girl. He falls from grace and falls off the charts. He ODs. Fade-out. It's an oft-told tale, in such divergent movies as "Elvis," "The Rose" and "Sid and Nancy."

But you've never seen it told with the exhilarating visual and musical gusto of Oliver Stone's film biography of Jim Morrison, "The Doors."

Stone is America's least ambiguous director. In such movies as "Platoon," "Salvador" and "Wall Street," he hammers home his messages about Vietnam, Central American politics and yuppie greed with all the subtlety of a demolition derby. But for all his pile-driving editorials, Stone has always approached

his films with tremendous energy and colorful imagery. The triumph of "The Doors" is that Stone has left out the politics and used his high-voltage style to focus on an individual (whose own style wasn't all that different from the director's).

Stone likes Morrison, even though he clearly relishes showing us the singer's excessive lifestyle. (Morrison, whose songs combined basic blues chords with artsy references to Greek tragedy and French symbolist poetry, died of a drug-induced heart attack at 27, thus assuring himself rock god stature.) It's as if Stone sees all the passions and pitfalls of the '60s in the rock star's life. Morrison is portrayed as a poetic visionary, a Dionysian avatar rather than the pretentious poseur that some saw in him.

Val Kilmer, who played second banana to Tom Cruise in "Top Gun," does a terrific job of looking and sounding like Morrison. He's got the drop-dead good looks and his singing - layered over the actual Doors' recordings - approaches Morrison's velvet huskiness. In several scenes, Kilmer handles a song all by himself and stays credible. His aggressive onstage posturing was choreographed by Paula Abdul and is appropriately sexy.

Meg Ryan also shines as Morrison's sweet, long-suffering girlfriend, Pam. At one point, she describes herself as Jim's "ornament," and in fact he precipitates her destruction along with his own. It's wrenching to see the girl next door shooting heroin. Kyle MacLachlan is a long way from "Twin Peaks" here. As keyboard player Ray Manzarek, he sports a blonde pageboy. He's the real backbone of the band, the stolid buddy who grimly watches Morrison self-destruct. Some other performances to watch for: Kathleen Quinlan as a witchy journalist, Crispin Glover as a lispng Andy Warhol, and real-life Doors' drummer John Densmore as the studio engineer who oversees Morrison's final taping.

There are some terrific crowd scenes - at concerts, at a San Francisco love-in (amusingly shot to look like old 8mm footage), and on the Venice, Calif., boardwalk - all pulsating with the vivid urgency of psychedelia. I was worried that Stone would go for lots of lurid hippie sex (one cast member billed the film as "tits 'n' acid"), but while there is considerable nudity, the camera doesn't dwell on it. Stone's handling of drug trips is also inventive, combining straightforward imagery with optical effects or shots of spiraling night skies to portray spacey highs.

And then there's the music. Doors standards "Light My Fire," "People are Strange" and "Strange Days" are used with great effect to mark the band's musical history but also to comment tellingly on what's happening on screen. The powerhouse track "The End" stands out; the song carries viewers from a peyote trip in the desert to a live club performance with a power seldom seen in music videos.

If Jim Morrison's fatal plunge into sex, drugs and rock 'n' roll mirrors the downward spiral of the entire decade, from hazy innocence to debauched narcissism, his music deserves to survive. At its best, its pulsing energy will leave you singing, despite the movie's bummer of a story line. "The Doors" is Oliver Stone's best movie to date - as full of life, energy, courage and folly as the '60s themselves were. Wasn't that a time!

Peter Weyl

Dances With Wolves Kevin Costner's epic revives the Western from a Native American perspective. Beautifully filmed, with a stirring narrative, even if the issues are somewhat oversimplified. With Costner and a strong supporting cast.

The Doors An exhilarating high, despite its bummer of a story line. Oliver Stone applies his colorful, high-voltage style to the saga of Jim Morrison, the doomed, Dionysian rock star. The many re-creations of '60s lifestyles are vivid, the acting (by Val Kilmer as Morrison, with Meg Ryan and Kyle MacLachlan, among others) is good, and the music is terrific.

Green Card A Frenchman marries an American expressly for the purpose of obtaining a "green card" from immigration. With Gerard Depardieu and Andie MacDowell.

Hard Way Michael J. Fox stars as a very successful movie star determined to change his image so he can land the role of a tough homicide cop. His studio pulls strings and a N.Y.P.D. homicide detective, played by James Wood, finds himself babysitting while the actor does research in the midst of a string of grisly murders.

Henry and June Henry Miller, June Miller and Anais Nin launch a (small) sexual revolution in Paris. Fred Ward, Maria De Madeiros and Uma Thurman.



He Said, She Said A husband and wife find that their new job as a talk show host/hostess team is very hard on their marriage. And it should be. With Kevin Bacon and Elizabeth Perkins.

Home Alone The sleeper hit of the season, full of cartoon violence set against a Christmas backdrop. With Joe Pesci and Daniel Stern.

Landscape in the Mist Two children run away from home to Germany, in search of a father who doesn't exist. With no money, passports or train tickets, they learn many life lessons along the way. The film's writer and director, Theo Angelopoulos, has been compared by reviewers to Truffaut and Fellini.

New Jack City Judd Nelson plays a lawyer defending a street gang. With rap group Ice Tea.

King Ralph A royal pain. That lovable lug John Goodman stars as a Las Vegas entertainer who becomes King of England when a freak accident wipes out the royal family. After some predictable, ham-handed, bull-in-a-china shop gags, the laughs die out quickly. With Peter Onorato and John Hurt, who must have needed the money.

L.A. Story Fans of Steve Martin's hip, ironic slapstick will love this movie, written by Martin and directed by Mick Jackson. It's a soft, romantic ode to Los Angeles, seen here as a magical place where TV newsmen give toupée reports and even freeway shootings are funny. With Victoria Tennant as a visiting British journalist, and the charming Sarah Jessica Parker as an exuberant L.A. tootsie.

Mr. & Mrs. Bridge Paul Newman and Joanne Woodward as the repressed partners in this comedy about a staid and decorous middle-class marriage slowly stirring to life in the Kansas City of the '30s and '40s.



Scenes From A Mall A disappointing shopping trip. Woody Allen and Bette Midler play an upscale L.A. couple who act out their marital woes amid the swirling crowds of a busy shopping mall. Unfortunately, a lackluster script leaves these two fine actors stranded with hardly any laughs and few fresh insights. Directed by Paul Mazursky, who handled the theme far better in "Down and Out in Beverly Hills."

Shipwrecked Walt Disney's "Robinson Crusoe" for kiddies. Tale of kids shipwrecked on an island who find some pirate treasure, some pirates who return to the island in search of their treasure and find the kids instead.

Silence of the Lambs With outstanding performances from Jodie Foster as a criminally insane psychiatrist, director Jonathan Demme ("Something Wild") creates a darkly disturbing movie about serial killers. Demme gives the audience a clear, objective view of events while simultaneously plunging us deep inside them, and the overall effect may be more than some moviegoers can handle. Nevertheless, it's a brilliant, scary piece of entertainment.

Tales From the Gimli Hospital Two hospital patients in quarantine during a smallpox epidemic in the Icelandic/Canadian town of Gimli try to win the favor of three beautiful nurses by outdoing each other's stories of a woe-filled past.



STAGE

"American Buffalo," David Mamet's story of three inept crooks and their attempts at planning a burglary, will be performed by USM's Student Performing Artists on March 14, 15 & 16 at 7 pm, with a matinee and final performance on March 17 at 2 & 5 pm. In the Lab Theatre of Russell Hall on Gorham campus of USM. Tickets: \$2 for the general public, \$1 for students. For reservations and further information, call the box office at 780-5483. Note: recommended for mature audiences only.

"Beyond Therapy" USM presents Christopher Durang's modern-day farce which targets Freudian therapy, trendy lifestyles and shifting sexual mores. March 7-9 at 7:30 pm. Sunday matinee will be performed at 5 pm. March 10. Tickets are \$6 public, \$4 students. For reservations, call 780-5483.

"Deathtrap" Vintage Repertory Company presents "Wait Until Dark," the classic thriller by Frederick Knott, March 8-9. The performances include cocktails, dinner and show at The Portland Club, 150 State St. Portland. The cost is \$28.50 per person. For reservations, call 773-7113 or 773-7857.

"Eleemosynary" The Theater Project presents Lee Blessing's play, which explores the tenuous relationship between mothers and daughters. "Eleemosynary," which means charitable, deals with a grandmother, mother and daughter learning to communicate and to forgive themselves and their mothers. Play runs from March 7-24; curtain is at 8 pm on Thurs, Fri & Sat, and at 2 pm on Sun. The Theater Project is located at 14 School St., Brunswick (near the Tontine Mall). For information and reservations, call 729-8584.

"The Happy Time" is a humorous, nostalgic look at a French-Canadian family in 1920s' Ottawa. Presented by the Community Little Theatre in Auburn on March 8, 9, 15 & 16, at 8 pm (with a senior citizen/student dress rehearsal on March 7 at 7:30 pm), at the Performing Arts Center, Great Falls School, Auburn. Tickets are \$8.50/\$6. For reservations, call 795-5853.

"Mirandoline" by Carlo Goldini, presented by Portland Stage through March 24 at Portland Performing Arts Center, 25A Forest Ave., Portland. Performances are Tue-Thu at 7:30 pm, Fri at 8, Sat at 5 and 9, and Sun at 2. For ticket information, call 774-0465.

Mystery Cafe Solve "Murder at the Cafe Noir" over a gourmet dinner at Portland's only dinner theater, Saturday nights at The Baker's Table, 434 Fore St., Portland. For more information, call 883-1035.

Ram Island Dance Company will present "Signs of Life," new works in the first of a series of performances in local art galleries, March 15 & 16, at 7:30 pm. All tickets are \$10 at Barridoff Galleries, 26 Free St., Portland. Call Ram Island Dance for reservations or further information at 773-2562.

Continued on page 20

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For details see page 23 or call 775-6601.

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Entertainment Weekly

Continued from page 19

STAGE

Womb for Rent - A Pro-Choice Comedy
Sleeveless Theatre, a four-woman troupe, will present 13 sketches detailing the past, present and future of women's reproductive rights. March 7, 8 pm, at Kresge Auditorium, Visual Arts Center, Bowdoin College, Brunswick. Admission: \$2 public, \$1 with Bowdoin ID. For more information, call 725-3201.

AUDITIONS

Community Little Theatre of Auburn
will hold auditions for its production of Neil Simon's hilarious look at the mid-life crisis of Barney Cashman in "Last of the Red Hot Lovers." March 10, at 2 pm, at the Performing Arts Center, Great Falls School, Auburn. For scripts or more information, call director Carol Proffman at 762-9208.

Performers for I.P.E.'s Summer Events
In-town Portland Exchange is accepting applications for entertainers to perform in the Old Port Festival, June 9; Sundays in the Old Port, through July & August; and the Noontime Performance Series, summer-long. Anyone interested in performing may obtain an application by writing to I.P.E. at 477 Congress St. 04101, or by calling 772-6828. Applications are due by April 2.

Request for Summer in the Park Performers
Portland Recreation is seeking diverse, original musical artists to hire for the "Summer in the Park" program. Send demo tapes or info to Ted Musgrave, Portland Recreation, Portland City Hall, 389 Congress St., Portland 04101, or call 874-8793.

CLUBS

THURSDAY 3.7

Open Mic (b.o. jam) Gritty McDuff's, 396 Fore St., Portland. 772-2739.

Chronicle (acoustic) Horsefeathers, 193 Middle St., Portland. 773-3501.

The Sense (rock) Moose Alley, 46 Market St., Portland. 774-5246.

Carol and the Charmers (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Marvin Boone (local talent) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Tony Boffa Trio (pop) Tipperary Pub, Sheraton Tara Hotel, Maine Mall Rd., S. Portland. 775-6161.

FRIDAY 3.8

The Fringe (jazz) Cafe No. 20 Danforth St., Portland. 772-8114.

Active Culture (reggae shaman) Horsefeathers, 193 Middle St., Portland. 773-3501.

The Sense (rock) Moose Alley, 46 Market St., Portland. 774-5246.

Carol and the Charmers (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Network (rock) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Tom Dhyrberg (acoustic) Tipperary Pub, Sheraton Tara Hotel, Maine Mall Rd., S. Portland. 775-6161.

SATURDAY 3.9

The Fringe (jazz) Cafe No. 20 Danforth St., Portland. 772-8114.

Active Culture (reggae shaman) Horsefeathers, 193 Middle St., Portland. 773-3501.

The Sense (rock) Moose Alley, 46 Market St., Portland. 774-5246.

Carol and the Charmers (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Port City Alistars (big band benefit) Raoul's, 865 Forest Ave., Portland. 773-6886.

Network (rock) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Tom Dhyrberg (acoustic) Tipperary Pub, Sheraton Tara Hotel, Maine Mall Rd., S. Portland. 775-6161.

SUNDAY 3.10

Cafe No Jazz Jam, open jam session with rhythm section (bye jazz) Cafe No. 20 Danforth St., Portland. 772-8114.

Danny Gravis (blues piano) Gritty McDuff's, 396 Fore St., Portland. 772-2739.

Hot Cherry Pie (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Sunday Brunch in the Ballroom (classical) Portland Regency, 20 Milk St., Portland. 774-4200.

Jeremy Peterman, Peter Grenier Duo, Marvin Boone (local talent) Raoul's, 865 Forest Ave., Portland. 773-6886.

Ken Grimsley and Jeremy Lester (acoustic) Wharf's End, 52 Wharf St., Portland. 773-0093.

MONDAY 3.11

Monday Night at the Movies (flick) Moose Alley, 46 Market St., Portland. 774-5246.

So.Me. Blues Society (blues) Raoul's, 865 Forest Ave., Portland. 773-6886.

Open Mic with Ken Grimsley (b.o. jam) Wharf's End, 52 Wharf St., Portland. 773-0093.

TUESDAY 3.12

Open Poetry Reading, Cafe No. 20 Danforth St., Portland. 772-8114.

Desp't Avikadoz (pop) Gritty McDuff's, 396 Fore St., Portland. 772-2739.

The Sense (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

The Tubes (rock) Raoul's, 865 Forest Ave., Portland. 773-6886.

Open Mike Night with Peter Gleason (b.o. jam) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Solstice (rock) Wharf's End, 52 Wharf St., Portland. 773-0093.

WEDNESDAY 3.13

Chris Poulson, Mark Nabozny, Arthur Webster (acoustic classic) Horsefeathers, 193 Middle St., Portland. 773-3501.

Bachelor Night (xxx) Moose Alley, 46 Market St., Portland. 774-5246.

The Sense (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Blues Party (blues review) Raoul's, 865 Forest Ave., Portland. 773-6886.

Zane Michael Raven (acoustic) Wharf's End, 52 Wharf St., Portland. 773-0093.

DANCING

The Moon, 425 Fore St., Portland. Open nightly, 8 pm on... Fri-Sat until 3 am. No cover. 871-0663.

Salutes, 20 Milk St., Portland. Open nightly until 1 am. No cover. 774-4200.

T-Bird's, 126 N. Boyd St., Portland. Fri-Sat, Dancing '50s & '60s; Wed, Contemporary. 773-8040.

Wherehouse Chem Free Dance Club, 29 Forest Ave., Portland. Progressive music. Thu: College discount. Fri-Sat, 9 pm-1 am. 674-9770.

Zootz, 31 Forest St., Portland. Wed: Progressives. Thu: Jump. Fri: Deejay/Live Music; Sat: Cutting Edge Dance; Sun: Request Night. 773-8187.

CONCERTS

THURSDAY 3.7

Rory Block (acoustic blues) 8 pm, Raoul's Roadside Attraction, 865 Forest Ave., Portland. Tickets: \$6. 773-6886.

Brad Terry, Tom Parchman & USM Jazz Ensemble (jazz) 8 pm, in Corbitt Hall, USM's Gorham campus. \$5/\$3. 780-5555.

FRIDAY 3.8

Aleka's Attic (rock) 6 pm, at Zootz, 31 Forest Ave., Portland. Band with River and Rain Phoenix as members. Admission: \$6. 773-8187.

Beausoleil (cajun) 8 pm, at the Lewiston Junior High School in Lewiston. Featured in the movie "The Big Easy." Tickets: \$10. 782-7228.

The Fringe (three-piece jazz band) 9 & 11 pm, Cafe No. 20 Danforth St., Portland. 772-8114.

Fred Small (folk) at 8 pm, at USM's Luther Bonney Auditorium, Portland. With Marie Dufresne & Mark McNeil opening with traditional and contemporary ballads. Admission \$8 in advance, \$10 at the door. 773-9549.

Clark Terry in Concert (jazz) 8 pm, March 8, in Corbitt Hall, USM's Gorham campus. With the Mt. Desert High School, USM Faculty and USM Jazz ensembles. \$7/\$4. 780-5555.

The Toasters (ska) 9:30 pm, at Raoul's Roadside Attraction, 865 Forest Ave., Portland. Admission: \$5. 773-6886.

SATURDAY 3.9

Kwanasa Percussion Ensemble (indigenous music) 8 pm, Olin Ave. Center Concert Hall, Bates College, Lewiston. Music, song and dance, esp. of African origin, by women promoting global awareness and communication between culturally diverse communities. Free. 786-6135.

Music Educators' Jazz/Jam Session 2-4 pm, every Saturday through March, at Verrillo's Restaurant, Turnpike Exit 8, Riverside St., Westbrook. Features a house band; open to all students and pros to sit in. March 16, saxophonist Ralph Norris, 846-9741.

Northeast Winds (Irish folk) 8 pm, at City Theater, 205 Main St., Biddeford. Tickets: \$8 adults, \$5 senior citizens and children. 967-3755.

SUNDAY, 3.10

Portland Concert Association (musical) 2 and 4 pm, at Portland City Hall Auditorium, 30 Myrtle St., Portland. The Prince Street Players will present "The Emperor's New Clothes," as part of Superstuff, the PCA's series for children and families. Tickets are \$8 for adults, \$6 for children 13 and younger. 772-8630.

Portland Symphony Chamber Orchestra (20th-century American music) 2 & 6 pm, in the Eastland Ballroom of the Sonesta Hotel, 157 High St., Portland. Soprano Jan Bryden will perform with the orchestra in "Everything Old is New Again." The orchestra will also perform Copland's Appalachian Spring Suite, Ives' The Unanswered Question and selections of Joplin. Tickets: \$17. 773-8191.

WEDNESDAY 3.13

Bonnie Scarpelli & Judith Quimby (classical) 12:15-12:50 pm, at St. Luke's Cathedral, 143 State St., Portland. "For Love of Lieder," a "Brown Bag" concert of Schubert lieder. No admission; audience invited to bring lunch. 772-5434.

UPCOMING

Gary Wittner 3/14/91 (jazz) 9 pm, Cafe No. 20 Danforth St., Portland. With Matt Longley, tenor sax; Steve Johnson, drums; and Dan Hall, bass. 772-8114.

The Portland String Quartet 3/15/91 (chamber) 8 pm, at Immanuel Baptist Church, 156 High St., Portland (across from the Sonesta Hotel). Program will include Quartet in A Minor, Op. 29 by Schubert; String Quartet No. 1 by Franck. Tickets: \$12 general admission, \$6 for those under 12 and over 65. 761-1522.

Portland Symphony Orchestra and Landis & Co. Theatre of Magic 3/16/91 (music & magic) 2 pm, in Portland City Hall Auditorium, 30 Myrtle St., Portland. Family program will feature The Sorcerer's Apprentice, excerpts from Swan Lake, Carmen and in the Hall of the Mountain King. Tickets: \$12 adults, \$5 children, \$28 for a family of four. 773-8191.

ART OPENING

The Baxter Gallery, Portland School of Art, 619 Congress St., Portland. "Maine Photographers 1991," a juried exhibition of 16 artists, including Dick Durrance II, Toney Harbert, Ken Kunster, Gretchen Ebbesson, Jane Gilbert and Martha Oatway. Opening March 12, with a reception March 14, from 5-8 pm. Showing through April 28. Gallery hours are Tue-Sun 11 am-4 pm, open till 9 pm on Thursdays. 775-5152.

The Center for the Arts at the Chocolate Church, 804 Washington St., Bath. Exhibit of four Maine artists: Natasha Mayers, Paul Raynor, Raymond Shadis and Seaver Leslie. Show opens March 8, with a reception March 10 from 3-5 pm. Through April 2. Gallery hours: Tue-Fri, 9am-4pm; Sat, 12-4pm. 443-0909.

Congress Square Gallery, 42 Exchange St., Portland. "Sculptors on Paper," an invitational show of the two-dimensional imagery of sculptors. This show will open March 7, with a reception from 5-8 pm. The nine sculptors in the show are John Van Alstine, Mary Anderson, Melita Brecher, Christopher Gardner, Phil Kaelin, Harriett Matthews, Patrick Plourde, Quint-Rose and John Ventimiglia. On view through April 6. Gallery hours: 10:30 am-5 pm, Mon-Fri; Sat, noon-5 pm. 774-3369.

AROUND TOWN

Alberta's Cafe, 21 Pleasant St., Portland. Kathleen Sweeney exhibits her work through March 15. 775-1514.

Area Gallery, USM's Portland Campus Center, Falmouth Street. "Images of Labor" by Lynn Schwarzer. Through April 6. Gallery hours: 7 am-10 pm, Mon-Fri; 10 am-10 pm, Sat-Sun. 780-4289.

Art Gallery at Six Deering Street, Portland. "U.S.A. of the '50s," an exhibition of 33 watercolors by the late Eliot O'Hara, painted in the United States over one decade. Through March 23. Gallery hours: Tue-Sat, 11 am-5 pm; the first two weeks of the month; thereafter, by chance or appl. 772-9605.

Barridoff Galleries, 26 Free St., Portland. Paintings by John Laurent through March. Hours: Mon-Fri, 10 am-5 pm; Sat, 12-4 pm. 772-5011.

The Cry of the Loon Gallery, Route 302, Casco. Works of David Cedrone and Evelyn Winter. Cedrone works in acrylic; his style is cartoon-like, whimsical and exploratory. Winter's paintings are influenced by her love of the spiritual and mystical qualities of nature - animals, plants, ancient archetypes, motifs and vibrant colors figure prominently in her work. Showing through March 31. Gallery hours: Tues-Sun, 9:30 am-5:30 pm. 655-5060.

Dean Valentgas Gallery, 50 Hampshire St., Portland. "Blue Water," a sound poem by Anne Witten. Showing (being heard) through March 17. Gallery hours: Thurs, 12-8 pm; Fri & Sat, 12-5 pm, Sun, 12-4 pm; and by appointment. 772-2042.

Elements Gallery, 56 Maine St., Brunswick. "Glassart," a group show of contemporary glass artists from Maine and New England. Blown, cast, fused, slumped and stained glass sculpture, vessels, paperweights and pieces which are illuminated illustrate the variety of glass artistry in the Maine area. Showing through April 13. Gallery hours: Tue-Sat, 10 am-5 pm. 729-1108.

Evans Gallery, 7 Pleasant St., Portland. Industrial Strength Group Show including works by 20 different photographers, black and white and color, from the Depression era to the present. Works by photographers including Todd Webb, Eliot Porter, Jeff Beacom, Eliot Porter, Mario Giacomelli, Richard Misrach, Rose Marasco and Toney Harbert. Showing through March 23. Gallery hours: 10 am-6 pm, Tue-Fri; 11 am-4 pm Sat. 879-0042.

Greenhut Galleries, 146 Middle St., Portland. Original art by Tom Connolly, Ed Douglas, Lonny Schiff, Jo Spiller, Terrell Lester and Peyton Higgins. Through March. Gallery hours: Mon-Sat, 10:30 am-5:30 pm. 772-2693.

Icon, 19 Mason St., Brunswick. "Eros," a group show on the theme of love, with works by Tom Connolly, Pat Franklin, Dewitt and Pat Hardy, Jane Gilbert, Tom Paiment, Nancy Nevego, Abbott Meader, Sigmund Abeles, Alice Steinhart and others. Showing through March 14. Gallery hours: 1-5 pm weekdays, Sat & Sun by appl. 725-6157.

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Entertainment Weekly

Continued from page 21

ART

The Lewis Gallery, Portland Public Library, Five Monument Square, Portland. "The Five to Nine Show," the annual exhibition by the Art Directors Club, in which members present their personal art works and crafts. Media range from pastels to jewelry and poetry to doodles. Through March 29. The library's hours are Mon, Wed & Fri, 9 am-6 pm; Tues & Thurs, noon-9 pm; Sat, 9 am-5 pm. 871-1711.

Joan Whitney Payson Gallery of Art, Westbrook College, 716 Stevens Ave., Portland. "Nancy Fried: Art and Healing." Small figurative terra cotta sculptures about vulnerability and loss. Fried's own cancer was the impetus for these figurative works about pain, disfigurement and truth. Hours: Tue-Fri, 10 am-4 pm (Thu till 9 pm); Sat-Sun, 1-5 pm. 797-9546.

The Pine Tree Shop and Bayview Gallery, 75 Market St., Portland. Group show featuring recent work by Bear Blake, David Clough, Carol Hayes-Conti, Doug Howe, Suzanne Knecht, David Little, Scott Moore, Helen St. Clair, Carol Sebald, Matthew Smith, Nina Sylvia and Orrin Tubbs. Also on display will be a couple of framed, limited edition prints and fine art reproductions. Through March. Hours: Mon-Sat, 10 am-6 pm. 773-3007.

Portland Museum of Art, Seven Congress Square, Portland. Hours: Tue-Sat, 10 am-5 pm; Sun 12-5 pm; open Thu till 9 pm. Admission: adults \$3.50, senior citizens and students with ID \$2.50, children under 18 \$1. Group rates \$3. Free admission Thu from 5-9 pm. 773-2767.

"The Art of Conservation", an exhibition of paintings and sculpture from the museum's permanent collection that have undergone conservation treatment. A pair of paintings by Charles Codman and several bronzes by Franklin Simmons will be on view, as well as a painting by Mary Cassatt, prints by Whistler and Childe Hassam. Through June 9.

Vincent Canale Pastel still lifes, landscapes, and an oil portrait by this artist discovered in the 1930s by Joseph Stella, who arranged a New York exhibition where Canale achieved much-deserved critical recognition. Through May 12.

"Robert Indiana's 'Hartley Elegies'" series, a portfolio of five large-scale prints relating to a series of paintings by Marsden Hartley. Known as the "German Officer Paintings," Hartley's works were motivated by the impact of war and the sudden loss of his close friend Karl von Freyburg, an officer in the German army, who was killed during World War I. On display through March 24, in the museum's Great Hall.

"Of Time and Place" Walker Evans and William Christenberry, an exhibition featuring over 50 of their works. By juxtaposing photographs these two artists made in Hale County over a 50-year period, the exhibition explores the vision and common ground the two found in their studies of sharecroppers' lives in the heart of Alabama's rich cotton region. The exhibit documents an economic and social structure that endured in the South for generations. Through April 28.

"Works by American and European Masters", an exhibition that explores the unusually strong dialogue between artists in the United States and Europe during the early twentieth century. Works by Georges Braque, Fernand Leger, Marc Chagall, Jean Arp, Pablo Picasso, Marsden Hartley and Stuart Davis. Through April 14.

Portland Wine and Cheese, 8 Forest Ave., Portland. Long Island Maine artist Roberta Gomez Ricker exhibits "Serenity," including a suite of informal portraits and a group of expressive studies. The impetus for Roberta's work continues to be the development of, and the journey into, the creative processes. Through mid-April. Store hours are 10 am-5 pm, Mon-Sat. 772-4647.

The Renaissance Gallery, 576 Congress St., Portland. Group show with Johanna Moore, Bonny Nason, Adam Clark, Eileen Elowitz, Laurie Austill, Sara Cox, Jennifer Wagnis, Josh Oulterbridge, Elizabeth Jabar, Samm Hawley, Marc Pellegier, Michael Hoffheimer, Jamie Salomon, Chris Heilmann, Beth Zebal and Michael Wolstatt and Margo Keller. Through April 1. Gallery hours: Tue-Sat, 11:30 am-5:30 pm. 773-1964.



"Fish Cutters" by Helen St. Clair.

The Bayview Gallery

75 Market St., Portland

It hadn't occurred to me to review the Bayview Gallery because frankly I had thought that it was a poster and framing shop, rather than a fine arts gallery. It is, however, also fairly bulging with the works of all sorts of interesting artists. Owned by Betsy and Chris Rector, The Pine Tree Shop and Bayview Gallery is located on Market Street, and is a branch of the gallery by the same name in Camden.

We strolled around the gallery and selected four artists to discuss, based on their diversity.

Doug Howe is the senior painter represented by this gallery, and is also the most traditional in style. A plein air painter using oil on canvas, Howe does his paintings at one sitting, usually in a matter of two to three hours. He paints, then, "au premier coup"

(at first glance). That is to say, when he folds up his stool and puts away his paintbrushes and canvas, the painting is

finished. Howe paints landscapes. He loves nature and the experience of painting outdoors, and that sensibility comes through. He paints in a direct way, lightly sketching with his paintbrush. He is a good draftsman: good trees, and vivid, realistic colors. This painter carries on the tradition of the American Impressionists.

Helen St. Clair is an amazingly versatile painter who works in a variety of mediums. Of these, a series of Romantic, Impressionistic oils on canvas are my favorites. They are groups of people - in one of them fishermen and in the other fish cutters. They are loosely detailed, but very evocative. The color is fluid and speaks, in its depth of blue, of their world - the sea. One oil, of people going to a fair, has the feeling of a Prendergast. Because St. Clair's works are small and intimate, one is included in the scene. They are small gems.

Sean Morrissey's use of explosive colors makes him a soul mate of that group of Expressionists, Kandinsky's "Blaue Reiter" painters of Munich at the turn of the century. The colors are electrifying, garish, with a supernatural vitality that, whether you like the colors or not, makes you pay attention to them. The painters of this period took Impressionism a step further: instead of making a tree appear blue by blending different colors, they simply painted the tree blue. One thinks of Gauguin coaching the younger Serusier, painting "The Talisman."

"Paint that tree a pure, bright green," he said. And Serusier did. Morrissey is also interested in design. His still life compositions, two table settings, are distorted, simplified designs in a shallow space, which also puts his paintings in the Cubist school. His table, like Cezanne's, tilts, thus becoming an abstract shape. Similarly, the rug on the floor, which should be on a horizontal plane, is on a vertical one, and the whole composition of table, fruit, and rug, becomes a lively, riveting assemblage of geometric patterns.

Morrissey's paintings are bold, gutsy, and visually very challenging. Mary Brosnan's collages make me think of doing something as challenging as, say, putting wings on flies. Although her compositions consist of multiple layers of torn, hand-made tissue paper which are painted with oil pastels, tempera, and watercolor, the relief is invisible except at extremely close range. The relief is caused, rather, by contrast of color and by the veiling effect of color coming through the layers of paper. The collages, then, acquire a dimensional quality that exceeds their actual thickness. The whimsical simplicity of her forms, her distinctive color and sparseness of design, create evocative images that are deceptively simple and beautiful.

Looking at the abundance of art and the cheerful disposition of this gallery, I am again reassured that the future of art in Portland is a healthy and growing concern.

Margot McWilliams

OUT OF TOWN

The Stein Gallery, 20 Milk St., Portland. "Votive Vessel" constructions, usually on cast glass bases, either a stack of triangles or beautiful classic columns. Spectacular interior bowl colors. Look like stone geodes but with the luminous quality of glass. Through April 15. Gallery hours: Mon-Sat, 11 am-6 pm; Sun 12-5 pm. 772-9072.

University of Southern Maine Art Gallery, USM/Conham. "New Dimensions in Photography," featuring photolithographs by Todd Walker, cyanotype on cotton by Elaine O'Neill, black and white photo etching by Bea Nettles, cyanotypes by Mark Schreyer. John Craig's photogravure etchings, and the Polaroid work of Craig Dietz and Rick Hock. Free and open to the public. Gallery hours: Sun-Thurs, 12-4 pm. Showing through March 28. 780-5009.

Bowdoin College Museum of Art, Bowdoin College, Brunswick. "Recent Acquisitions in Photography: 1987-1991" features photographs from the Museum's permanent holdings. Exhibitions include works by Man Ray, Berenice Abbott and painter John LaFarge. Through March 30. Also: "Nineteenth Century American Landscapes: Works on Paper," paintings, drawings and prints, featuring works by Albert Bierstadt, John Frederick Kensett, Thomas Moran and James McNeill Whistler, through April 28. The museum is open to the public free of charge. Museum hours: Tuesday-Saturday, 10 am-5 pm; Sunday, 2-5 pm. For further information, call 725-3275.

OTHER

Craft Demonstrations Old Port Artisans will be offering free craft demonstrations through the end of March. They are held on Saturdays at 1 pm, and in the next couple of weeks feature Porcelain Jewelry with Pat Elgee, March 9; and Russian Punchneedle Embroidery, a beautiful and unusual form of embroidery, with Pam Boyd, March 16. Old Port Artisans are located at 18 Exchange St., Portland. For more information, call 871-1090.

Just Paint! Artist Jane Wray will guide participants to express their inner vision in color, shape and form in this five-week class at the Jewish Community Center. No art background required. This course is held from 1:20 pm Thursdays at the JCC, 57 Ashmont St., Portland. Session runs from March 14-April 11. Cost is \$25 for JCC members, \$30 non-members. Call 772-1959 to register by March 7.

Lesbian/Gay Artists currently seeking ready-to-hang art work of all media for exhibit at the Maine Gay Lesbian Film Festival in Portland, in May. Also seeking any lesbian/gay artists interested in helping to organize and produce a Maine lesbian gay art exhibit in the future. For more information, call Vivian at 871-0377.

The New Hot Photo Brunch Bring 2-3 examples of your work and some surprise food for a pot luck on March 10, at 2 pm, at the Open Stable, 273 Presumpscott St., Portland. There will be some hot discussions including a hot surprise guest speaker. For more info, call Cindy at 871-8285 or John at 773-3961.

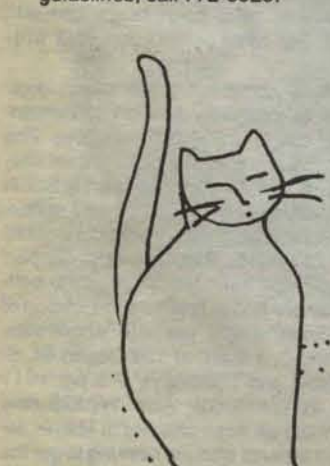
1991 Annual Juried Exhibition will be juried in April and calls for actual work entries on April 5 and 6, or slide entries until April 5. Up to two works may be entered per artist. There is no entry fee. Any Maine artist wishing to enter may request a form by telephoning Rockport's Maine Coast Artists, the sponsoring gallery, at 236-2875.

Mail Art Show at Ohio University (but you can mail in your works). No jury, no returns. Documentation to call. Deadline is April 1. Send your stuff stub to Patty Mitchell, 355 W. State St., Athens, Ohio 45701.

Oil & Acrylic Painting Studio session will emphasize working from still-life arrangements while developing an understanding of composition, color and value. Each week a different theme will be introduced with a discussion of the techniques and styles of various artists. For beginning painters. Instructor Thomas Rowe, M.F.A., is a representational painter. Six Wednesdays, 6-9 pm, beginning March 13. \$65. For more information, call Westbrook College Continuing Ed. Division, at 797-2261, ext. 263.

Tom Andrews Loves Maine Artists John and Cindy of the Open Stable are involved in providing art for Tom Andrews' offices in Portland and Washington. If you are interested in participating in this rotating, ongoing show, call 773-3961 or 871-8285.

T-Shirt Design for Old Port Festival Intown Portland Exchange is looking for artists and graphic designers to produce the design for the official festival T-shirt and poster. I.P.E. welcomes design submissions from any and all artists. Deadline for all design materials is March 11. For more information and additional guidelines, call 772-6828.



SENSE

A.A.A. The A.A.'s is a continuation of the Rosicrucian lineage through the Golden Dawn and teaches a mixture of Qabalah, Tarot, Astrology, Yoga and many other esoteric practices. Those interested in instruction from the A.A.'s, The Order of the Silver Star, as laid down by Aleister Crowley and Mr. Karl Germer, and who feel it is their Will to become Probationers, should write to P.O. Box 15086, Portland 04101.

ACT UP! (AIDS Coalition To Unleash Power) is a diverse group of volunteers united in anger and committed to non-violent, direct action to end the AIDS crisis. ACT UP meets every Monday from 7-9 pm at the People's Building, 155 Brackett St., Portland. New members are always welcome. For more information, write to ACT UP/Maine, P.O. Box 5267, Portland 04101, tel. 774-7224 or 774-5082.

The American Short Story Thomas Memorial Library is sponsoring a series, Tuesday evenings at 7 pm, beginning March 12, of the short story and film. The series represent a century of literary heritage addressing a variety of themes: belief in the worth of the individual, skepticism about the confining influences of society, and a richly felt sense of place, local color and dialect. The third story, to be presented March 12 at 7 pm, will be "The Jolly Corner" by Henry James. Spencer Brydon reestablishes a relationship with Alice Staverton and comes face to face with his alter ego - the self he might have been. Discussion leader will be Charlotte Renner, Ph.D., independent scholar and writer, and contributor to the arts on MPBN radio. Thomas Memorial Library is located at 6 Scott Dyer Rd., Cape Elizabeth. For more information, call 799-1720.

Angry Women, Weeping Men Richard Fochtman will talk about our unconscious fears as roles change in relationships. Four Fridays, March 8-29, from 7-9 pm, Route 1, Kennebunk. Cost is \$45, \$35 for seniors. To register and get directions, call Ken Goulet at 648-5805 or 985-9885.

Computer Usage for Business People The Small Business Development Center at USM/Portland has two Lotus/IBM Learning Centers available to help business people learn Lotus 123, One-Write Plus, Writing Assistant and Filing Assistant software. Day and eve appointments are available. No charge. For information, call Janis Tisdale at 780-4949.

Elementary Educators' Conference Focus is a futuristic conference for educators of grades 4-6, to be held at the Stephen Manchester/Arlington School, Windham, on March 15. Focus members believe in the education of the whole child and the conference's keynote speakers, Dr. Marge Bumpus and Murray Banks, will address this subject. A variety of workshops will also be held the day of the conference. For more information, contact Joyce Parker, c/o Manchester School, 709 Roosevelt Trail, Windham, ME 04092, or call 692-1830.

Free Money Management Seminar for Women A.G. Edwards & Sons is sponsoring this two-part seminar to help women overcome the obstacles of inflation, taxation and procrastination. Featured speaker is Kerry Courice, who has over seven years experience planning investment strategies for clients throughout Maine and New England. Parts I & II of the seminar will be held on March 7 and March 14, from 5:30-7:30 pm, at the A.G. Edwards offices at 185 Middle St., Portland. Audience size will be limited. For more information or to register, call 774-5626.

Help With Your Taxes Andover College students and graduates who have taken the Voluntary Income Tax Assistance program offered by the college will offer their services to taxpayers Fridays from 8:30 am-12:30 pm, through April 15. This service is performed on a walk-in basis at Andover College, located at 901 Washington Ave., Portland. Taxpayers wishing to take advantage of this free service are advised to bring their tax forms.

Intensive Journal Workshop The General Theological Center of Maine is sponsoring this introduction to the journal process developed by Dr. Ira Progoff. A non-doctrinal way of personal and spiritual growth, this process involves keeping a diary with a highly structured format that enables journal keepers to know themselves on ever deeper levels. The cost of the three-day program is \$150. Sessions will take place from 6-10 pm March 15, from 9 am-10 pm March 16, and from 9 am-noon March 17, at the General Theological Center, 159 State St., Portland. For more information on the center or the workshop, call 874-2214.

International Women's Day Dinner will be held at 7 pm, March 8, in Rooms A, B & C of USM's Portland Campus Center. Admission is \$10 public, \$7 students. For further information, call 780-4289.

C.G. Jung Center for Studies in Analytical Psychology is offering The Original Symbols of the Psyche, explorations and examination of the earliest soul-symbols of the human psyche in Early and Upper Paleolithic Art. Six Mondays, from 7-9 pm, starting March 11, McKean Study, Massachusetts Hall, Bowdoin College. \$85. Starting March 12, Jewish Mystical Experience as Viewed Through Law and Folklore, an introduction to the mystical side of Jewish experience, will be taught by Rabbi Harry Z. Sky. Five Tuesdays, from 7:30-9:30 pm, in the Faculty Room, Massachusetts Hall, Bowdoin College. \$65. For more information, call 729-0300.

Paul Mariani Poetry Reading Poet, biographer, scholar and critic Mariani, who is Distinguished Professor of English and American Poetry at University of Massachusetts at Amherst, will read from his poetry and other works on March 13, at 7 pm, in the auditorium of St. Joseph's College, on Whites Bridge Road, Standish. Free. For more information, call 892-6766, ext. 2316.

The Middle East: What's Next? The Portland Democratic City Committee will present this free, public program at its regular monthly meeting. The speakers will be Arlene MacLeod, ass't prof. of political science at Bates College, and James Friedman, law prof. at University of Miami Law School. The program will be held on March 10, at 7 pm, at Franklin Towers, 211 Cumberland Ave., Portland. For more information, call 772-2230.

Monitoring Water Quality Hudson Riverkeeper John Cronin will speak about the role that citizen riverkeepers play in monitoring water quality and enforcing state and federal environmental laws. The presentation will take place March 7, at 7 pm, in Luther Bonney Auditorium on the USM Portland campus. Free and open to the public. For more information, call 780-4474.

Nature in the City: Frederick Law Olmsted's Urban Planning Career will be the first in the Victoria Society of Maine's lecture series. The Victorians and Nature, to be held four consecutive Thursday evenings starting March 7, at 7 pm, in St. Luke's Cathedral Parish Hall on Park St., Portland. March 14, the lecture will be The Palace in the Woods: The New England Summer Homes of John Calvin Stevens, given by Earle G. Shettleworth Jr., director of the Maine Historic Preservation Committee. Cost is \$7 per lecture for general public, or \$25 for series. For society members the cost is \$6 per lecture or \$20 for the series. For more information, call 772-4841.

Poetry Writing Taught by William Carpenter, author of "Rain," this informal workshop will focus on the creative process of poetry writing. Participants are asked to bring two of their poems for discussion. March 9, from 11 am-4 pm, at the Maine Writers Center, 19 Mason St., Brunswick. Cost is \$30 for Maine Writers & Publishers Alliance, \$35 for others. Pre-registration is required; no walk-ins admitted. Send payment to MWPA, 19 Mason St., Brunswick 04011. To reserve a space, call 729-6333.

Racism and War in the Gulf Daniel Lindenberg, prof. of political sciences at the University of Paris, will speak on March 12, at 4 pm, in Kresge Auditorium, Visual Arts Center, Bowdoin College, Brunswick. Free and open to the public. Call 725-3201 for more information.

Being a Woman Writer: Racial-Ethnic Other Explorations of Identity Gloria Anzaldúa, essayist, fiction writer and editor, will present her lecture March 8, at 8 pm, Kresge Auditorium, Visual Arts Center, Bowdoin College, Brunswick. Free and open to the public. For more information, call 725-3000.

Racism Workshops The Center for Vision and Policy will offer a course addressing racism in Maine and ways of overcoming it. "Undoing Racism" offers an opportunity for white people to explore their daily lives in connection with institutional racism. They will share their discoveries, feelings and visions through story, song and art. Sheila Carver, leader, is a friend, artist and activist for social justice and peace. Class runs six Thursdays, March 14-April 18, in Portland. Cost: \$60-\$75. Pre-registration is necessary. For registration and location, call 442-6314.

Right Chemistry: Recasting Questions of Gender, Race and Class will be the topic of a lecture given by Nancy Hewitt, March 8, at 5 pm, in Room 113, Masterlon Hall, USM's Portland campus. Reception at 6:30 pm, Portland Campus Center Amphitheater. Free and open to the public. For more information, call 780-4289.

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Casco Bay Weekly

Continued on page 24

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Entertainment Weekly

Continued from page 23

SENSE

SCORE (Service Corps of Retired Executives) is a national, nonprofit organization providing business counseling and guidance to small business owners, profit and non-profit organizations, and future owners - at no cost. It is the counseling arm of the SBA (Small Business Association). Score basically works with two groups: people who want a business of their own, and people who are in business but have problems. Score holds 1-1/2 hour appointments daily, Mon-Fri, and is located at 66 Pearl St., Room 210, Portland. For more information, call 772-1147.

Sign Language Classes for Beginners and Families Portland Recreation will offer a beginner's course for adults on Mondays, from March 18-May 6, from 8-9 pm. Fee of \$25 includes all materials. Also offered: a sign language class for the whole family (ages 6-adult), held on Saturdays, March 16-April 20, from 10-11 am. Fee is \$15 for children, \$20 for adults. Both classes will be held at Reiche Community Center, 166 Brackett St., Portland. Preregistration is required for both classes; call 874-8873 for more details.

Tax Assistance for Elderly and Needy The IRS has trained volunteers from AARP and VITA who will provide information and assistance in income-tax preparation. These services are directed especially at individuals who might not otherwise be able to afford the help which they require. These volunteers will provide tax help through April 15. For assistance you must bring current tax forms and materials, together with a copy of last year's tax return. For locations and times of service, call 1-800-829-1040.

Women's History Month Lectures The Southern Regional Commission for Women has prepared presentations and lectures for use by various community organizations through March. The topics for these presentations include: A Distorted Mirror - The Images of Women in Advertising; When No Means No: Dealing with Date Rape; How TV Stereotypes Work; and Women, Hunger and Poverty. For further information, call Audrey Reed at 657-3178 or Nancy Artz at 780-4321.



OFF THE CLOCK

Alternative Mediums 1991 needs volunteers: artists to exhibit work; performers; writers; administrative persons and enthusiastic people to do gallery and stage prep, sell program advertisements, public relations, and more. Alternative Mediums is a non-profit organization dedicated to providing and promoting services to people with AIDS and AIDS-related illnesses, advocacy regarding AIDS-related issues, and AIDS-related health education and information to citizens of Maine. The intent of the organizations is not only to earn money for AIDS, but equally to provide artists with a space, opportunity and reason to exhibit and/or perform their work. Volunteers are needed for an evening of alternative performance and exhibition of visual art being developed and planned for March 28, 1991. Meetings will be held every Wednesday eve at 8 pm at Zootz, 27 Forest Ave., Portland. For more information, call 775-1514.

Big Brothers/Big Sisters of Greater Portland needs writers/reporters for researching and writing short articles for their quarterly newsletter. These people should have experience writing or have a clear, concise writing style. Ability to work under deadlines is important. As a volunteer you will be connected to a well-known, nonprofit organization and credited in the newsletter. Hours are flexible, requiring two hours per week. Call the Center for Voluntary Action at 874-1015.

The Children's Dream Factory of Maine seeks a director of fund-raising. This person will be responsible for coordination of all existing events with the volunteer staff as well as the creation of new events. Duties will include overseeing and participating in the civic and corporate fund-raising campaign. Good communications skills are a must, as well as public speaking. A 10-hour weekly commitment is requested. Contact the Center for Voluntary Action at 874-1015 for further details.

The Children's Room of the South Portland Public Library is looking for volunteers to help with the summer reading program as well as with other duties. This can be an hour or two a week or whatever your schedule will allow. Call Marily or Pat at 799-2204 for more information.

Cookies for U.S. American troops in Saudi Arabia are sick of MREs (Meals Ready to Eat). Cookies for U.S. is trying to keep up troop morale by sending cookies. Cookies for U.S. says, "Let's all hope and pray they come home quickly and safely, but until then, we're baking cookies." Any donations toward shipping or ingredients are greatly appreciated. Please send to Cookies for U.S., c/o American Legion Hall, Post 57, 14 Imperial St., Old Orchard Beach, ME 04064.

Donations for Refugees The Refugee Resettlement Program urgently needs donations for newly arrived refugees. Items needed are mattresses and boxsprings, towels, blankets, sheets, cooking pots, silverware, tables and chairs. For more information, call 871-7437.

Help People With AIDS All donations of items big or small will be appreciated for men, women and children who are living with AIDS in Greater Portland. All gifts can be received at 377 Cumberland Ave., Portland, 04102. For more information, call David at People with AIDS Coalition of Maine, 773-8500.

The Literacy Volunteers of America need student interviewers to meet with each adult student referred to the program. A determination is then made as to how the organization can best serve the student. The volunteer will administer and evaluate testing, must be confident, outgoing and comfortable interacting with people from varied social and economic backgrounds. Individuals are needed for day, evening and weekend slots. For further information, call the Center for Voluntary Action at 874-1015.

Advocate for Victims of Sexual Assault Six-week training provided by the Rape Crisis Center. Volunteers needed for 24-hour hotline and speakers' bureau. Call 774-3613 for application and interview appointment.

HELP

A.R.T.S. Anonymous is a group of local artists recovering through the 12 Steps, who have come together to form a support group that meets every Mon at 7 pm at St. Luke's Cathedral, State St., Portland.

Counseling for Families of Troops The Salvation Army is available to provide counseling/support services along with material assistance to families of troops serving in Saudi Arabia. A support group has been started at the Old Orchard corner of Church and Sixth streets. It is headed by Darlene Ayres, R.N., and meets Mondays at 7:30 pm. For information, call 934-6304.

Expressive Therapy Recovery Group A psychotherapy group with assistance of art, movement and drama to increase self-esteem and spontaneity and to develop positive healthy relationships. Lisa M. Sgarbotti, M.A., Expressive Therapist, and Molly Hoadley, M.A., Drama Therapist. Group starting in April, in S. Portland. Call 879-1959 for more information.

Grieving Support Group for bereaved persons healing from the death of a loved one. Meets in Portland Tuesday eves from 7-8:30 pm. Donations. Call Kristine Watson, M.A., at 775-0366.

H.O.P.E. self-help support groups with facilitators meet weekly to help heal the emotional pain associated with chronic or serious diseases, injury, life, death and childhood issues. Group meets at Mercy Hospital, 144 State St., Portland, from 5:30-7:30 pm; and at the Unity Church, 16 Columbia Rd., Portland, on Thursdays from 10 am-12 pm. There is also a support group for the family and friends of the ill which meets every other Thursday from 7-9 pm. For more information, call 1-800-339-HOPE.

Ingraham Volunteers Help available by phone 24 hours a day. Call 774-HELP. **Injured Workers Meeting** for workers having difficulty with workers' comp system, 7:30 pm every Wed at Goodall Hall next to Sanford Unitarian Church, corner of Lebanon and Maine streets, Sanford.

Maine's First Brain Tumor Support Group will meet the second and fourth Thursdays at 7 pm, at New England Rehabilitation Hospital of Portland (NERH-Portland), 13 Charles St. This new group has been designed by NERH-Portland and the American Cancer Society to meet the special needs of adults with brain tumors and their families. Interested participants should contact Rev. Wash prior to their first meeting for a brief preliminary interview. People are encouraged to join any time by calling Wash at 775-4000, ext. 542.

MS in Action Greater Brunswick area's multiple sclerosis support group will hold its March meeting in the conference room of the Parkway Memorial Hospital in Brunswick. Anyone in the area who has any connection with MS, MS's or otherwise, is invited to join. Linda Smith, nutritionist at Parkway, will give a presentation on good eating habits. There will also be a healthful recipe exchange, so bring any you may have. March 11, 7-9 pm. For more information, call 729-3611.

O.C.D. Support Group meets weekly on Fridays at 6:30 pm, Williston West Church, 32 Thomas St., Portland. Free. **Outright, the Portland Alliance of Gay and Lesbian, Bisexual and Questioning Youth**, offers support and information for young people 22 and under, in a safe environment, every Friday from 7:30-9:30 pm at the Preble Street Chapel, corner of Preble and Cumberland avenues. For information, write or call: Outright, P.O. Box 5028, Station A, Portland 04101, tel. 774-HELP.

The Path of Recovery Portland Sufi Order offers a series of small meetings involving meditation based on the Sufi teachings of Hazrat Inayat Khan and sharing focused on bringing spirituality into our lives. Meetings are modeled after 12-step groups and welcome anyone with a desire to recover from addictions or codependency. Meetings are Tuesdays, 7:30-8:45 pm at Woodlands Congregational Church, 232 Woodlands St., Portland. Open to the public. Donations are welcome. For more information, call Jan at 878-2263, Eli at 774-1203.

Senior Outreach Services In response to the needs of older people, Southern Maine Area Agency on Aging is providing Senior Outreach Services to the following locations: Agency's offices at 237 Oxford St., Portland, every Friday from 10 am-1 pm; Pride's Corner Congregational Church, 235 Pride St., Westbrook, first Thursday of each month, for residents of Westbrook and Gorham, from 10 am-1 pm; Ross Center, 38 Washington St., Biddeford, second Tuesday of each month, for residents of Biddeford, Saco & OOB, from 10 am-1 pm. An Elder Advocate will be available to assist residents with their aging-related issues and concerns, such as Medicare, insurance, housing, social security, etc. This service is provided free of charge. 775-6503 or 1-800-427-7411.

Southern Maine Singles Socials Group Meets on weekends at various locations from Portland to Biddeford. Meet new friends ages 35 and over. No fees. Please call 934-1892, 284-9327 or 775-1553.

Special Interest AA Meeting for people living with AIDS meets weekly on Tuesdays at 8 pm at the PWA Coalition, 377 Cumberland Ave., Portland. Meeting designed to provide a safe space in which to discuss HIV issues, while living positively sober. This meeting is open only to those who have tested HIV/Positive or have been diagnosed with AIDS. For more information, call 871-9211.

WINGS, a non-profit organization dedicated to providing support for low-income single parents, announces The Kids' Place, providing day care for children from infancy to eight years in South Portland. Reasonable rates and nurturing environment. For more information, call 767-2010. Also, weekly support group helps set goals that lead to self-sufficiency and to facilitate discussion of problems single parents encounter. Tuesdays, 7-9 pm at 139 Ocean St., S. Portland and Thursdays, 7-9 pm at 11 Day St., Westbrook. Also: WINGS now sponsors an Aces chapter in Maine, for single parents who are seeking to get the state to collect child support payments.

WELLNESS

Adult Health Screening Community Health Services will sponsor screenings for diabetes, anemia, colorectal cancer, high blood pressure and cholesterol level. Two or more tests per person are available, time permitting. Donation. The screenings will be given at the following times and places: March 11, 10 am-1 pm, Casco Town Hall; March 12, 10:30 am-noon, Freeport Oak Leaf Terrace; March 13, 1-3 pm, Cape Elizabeth Town Hall; March 19, 12:30-2:30 pm, Gray Congregational Church Hall; March 20, 9:30-11:30 am, Windham Community Building; March 25, 1-3 pm, Scarborough Town Hall; March 27, 9:30-11:30 am, Gorham St. Anne's Church. For information on any of the screenings, call 775-7231, ext 527, or 1-800-479-4331.

Aquatic Fitness and Aqua-Aerobics USM Lifeline will be offering 10-week sessions starting March 18. Classes are noncompetitive and geared to all fitness levels. Aquatic Fitness incorporates lap swimming into its program and will be held at the Riverton Pool at 6 am and the S. Portland Municipal Pool at 6 pm on Mon, Wed and Fri. Aqua-aerobics include stretching, callisthenics and aerobics to music, all done in the shallow end of the pool. Classes will be held at Riverton Pool at 6:45 am on Mon, Wed and Fri. These classes are ideal for anyone who finds other types of aerobic activities too stressful on joints. Registration deadline is March 11. Call 780-4170 for more information.

Buddhist-Oriented Meditation Group now meeting every Sunday, from 10-11 am, at 1040 Broadway, S. Portland. Small donation. For more information, call 774-2174.

Chinese Goju is a form of the martial arts seeking peace, love, harmony, truth and knowledge through a blending of body, mind and spirit. This style combines the beauty and grace of Chinese forms with the power and hardness of other Asian forms in a spiritual practice. Classes for all ages and levels taught in a beautiful dojo in Topsham. To become a peaceful warrior, call Riverview Martial Arts & Security Academy at 729-7399.

Chronic Pain Reduction By using only gentle talk, the Chronic Pain Clinic has been able to reduce or relieve the pain of bursitis, cancer, colitis, pinched nerves, migraines and back pain. The clinic will give you or your physician all the information in one phone call: 934-9411.

Compulsive Eating Group Diets don't work for many women because food is a powerful substance often used to satisfy important emotional needs and make women feel good. The focus of these small, weekly therapy groups is to examine the emotional/psychological components to weight loss. The groups will be facilitated by Maryanne Vitalius, M.S. Ed., M.S.W., who specializes in women's issues, eating disorders, autonomy and relationships. Groups are now forming and will be held at 78 Main St., Yarmouth. \$25/session. For more information, call 846-6624.

Harmonizing Ancient and Modern Medicine In Japan Rihito Kimura, of the Kennedy Institute of Ethics, will speak on March 11, at 4 pm, in USM/Portland's Luther Bonney Auditorium. Free and open to the public. For further information, call 780-4200.



toshima

A Healthy Day for Men A day-long conference for men, sponsored by USM and Mercy Hospital, that will include workshops on the following: Forgiving the Sins of Our Fathers, Men and Relationship, Transcending Your Biology, Seasoning of Man's Life, The Right to Feel Bad, The Warrior and the Shaman, Celebrating Friendship, Men and Intimacy and many more. March 16, from 8:30 am-3:45 pm, at USM's Portland campus. Fee of \$55 includes lunch. Early registration is encouraged. Make checks payable to USM and mail to Community Programs, USM, 68 High St., Portland 04101. For telephone registrations or information, call 874-6500.

Inner Peace Through Meditation Thursdays, through March 21, from 7-8 pm. Free classes, come to any or all, 40 Main St., Topsham. For further information, call 729-5825.

Yengar Yoga Class Wife/husband team Elaine and Francis McGillicuddy of Portland Yoga Studio are offering ongoing Hatha Yoga for People with AIDS, to be held at Woodford's Congregational Church, on Wednesdays from 12:35-1:45 pm, through March 20. Cost for those who can afford it is \$1. For more information on either of the above, call 797-5684.

Kripalu Yoga and the Chakras, an Innerlight offering, March 9, from 9:30 am-4 pm, at On Center, 222 St. John St., Portland. \$65. Appropriate for all levels, no previous experience with yoga necessary. Preregistration required. Call Kim Chandler at 874-2341.

Nourishing ourselves offers series of six bi-weekly sessions addressing body image, weight and nutrition. Led by Marji Groenhat, art therapist, and Elizabeth Patten, a licensed dietitian, at Freeport Medical Center, 149 Main St., Freeport. For dates and times, call 833-6391 or 865-1988.

Public Cholesterol and Blood Pressure Screenings USM Lifeline will offer these screenings on a walk-in basis, first-come, first-served. March 7, from 5-8 pm. Fee is \$8. Call 780-4170 for more information.

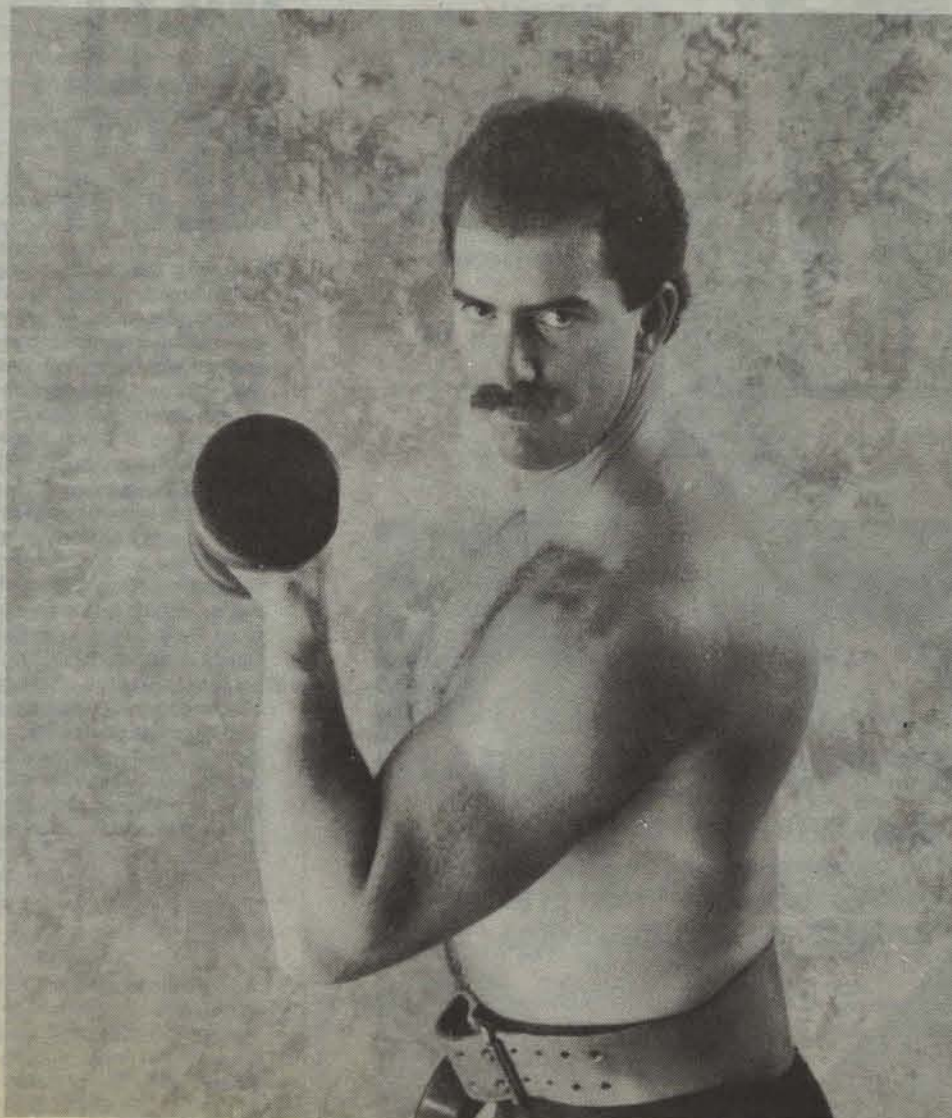
Red Cross Courses The Portland chapter of the American Red Cross will sponsor several courses of instruction, among them: a community CPR course, teaching skills for newborns through adults, on weekday eves from 6-10 pm on March 15 & 22; an adult CPR course on March 18 from 1-5 pm; and several standard first aid courses, each including CPR skills, with sessions from 9:30 am-12:30 pm on March 14 & 21, at the same time on March 20 & 27, or from 6-10 pm on March 17 & 24. Advance registration is required, walk-ins are not accepted. There is a user fee to attend courses. For further information on these and other courses, call 874-1192.

Sahaja Yoga Meditation Weekly meetings every Tuesday at 7 pm in the Faculty Lounge, Student Center, USM, Bedford St., Portland. Introduction first and third Tuesday of each month. Always free of charge. For more information, call 767-4819.

Shambhala Training: Level One, "Ordinary Magic" First in a series of week-end programs that offer talks, interviews, discussion and direct experience in meditation practice based on the teachings of Tibetan meditation master Chogyam Trungpa Rinpoche. March 22-24, in Yarmouth. Cost of program is \$100. March 22 talk at 8 pm is free. For more information, call 871-0586.

Shiatsu for PMS & Menstrual Cramping taught by Ann Foster Tabbutt, Shiatsu Practitioner - ACOTA. March 9, from 10 am-noon. Cost: \$20. Space is limited; register ahead. Olde Stroudwater Grange, 1711 Congress St., Portland. For further information, call 799-9258.

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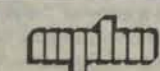
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Continued on page 26

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Entertainment Weekly

Continued from page 25

WELLNESS

Stretching the Spirit, a yoga class of gentle breathing and stretching ending in deep relaxation. All are welcome to this creative approach to body, mind and spiritual well-being. Wednesdays from 5:30-6:30 pm, Saturdays from 9-10 am at the Swedenborgian Church, 302 Stevens Ave., Portland. \$3 donation. For more information, call 772-8277.

Tai Chi Chuan is an ancient Chinese Martial Arts system based on meditation in movement. Excellent for health, relaxation, stress reduction and self-defense. Classes for beginners through advanced levels, including ongoing push-hands class. For information and sign-up, call Gene Golden at 772-9039.

Walk/Jog/Aerobics USM Lifetime will be offering a 10-week session starting March 18. The course offers choices in walking, jogging, multi-level aerobics, stationary cycling and rowing. Classes are offered three days a week, Mon, Wed & Fri, at a variety of locations, including USM Portland gym, USM Gorham gym, and Cape Elizabeth High School. Registration deadline is March 11. For more information, call 780-4170.

OUTSIDE

Gulf of Slides - Telemark Camp The Appalachian Mountain Club will sponsor a workshop designed for avid cross-country skiers. Two days will be spent in the Gulf of Slides fine-tuning ski techniques for steep terrain. Participants will have the option of camping or returning to Pinkham Notch Camp in the eve. This is not a beginner's course. Instructor Dick Hall is the director of the North American Telemark Organization. Workshop begins April 6, at 7:30 am, at Pinkham Notch Camp, Gorham, NH. For reservations and workshop information, write to the Workshop Secretary, Appalachian Mountain Club, P.O. Box 298, Gorham, NH 03581, tel. 466-2727.

Maine Outdoor Adventure Club (MOAC) offers the following events: March 23, telemark skiing in Gulf of Slides area in the White Mts. call 655-4645; Thursday night walks around Back Cove, meet at Payson Park at 6 pm, call 829-4124; spontaneous day hikes during the week, call Hal at 883-5984. People interested in ice climbing this winter should call Carey at 772-9831.

Maine Women Outdoors For info on trips, or if you'd like to be a trip leader or have a camp to lend for a winter weekend trip, call Leann at 547-3919.

Nature Center: Wells National Estuarine Research Reserve welcomes visitors to its exhibits, open Tue-Fri from 10 am-3 pm; parking lot and trails open Mon-Fri, 8 am-4 pm, through April 30. Free. Tours may be arranged. Landholm Road, Wells. 646-1555, 646-4521.

Nature Volunteers The 1991 SERVE/Maine Voluntary Directory lists volunteer opportunities throughout Maine with state and federal natural resource and environmental agencies. Opportunities include endangered species at state parks, back country rangers on public lands, DEP river quality monitors, interns at Land Use Regulation Commission field offices and conservation educators for the Soil Conservation Service. The projects require volunteers with skills and abilities ranging from enthusiasm and interest in nature to highly trained professionals. For more information or to obtain a copy of the directory, call or write to Libbey Seigars, SERVE/Maine, Maine Dep't of Conservation, Station 22, Augusta 04333, tel. (207) 289-4245.

Exploring Portland

Someone famous once said, "You can observe a lot by just watching." A corollary of that profound truism is, "You can learn a lot by just walking - around Portland."

Here are your assignments for the week. Part I: Find the beginning of Congress Street. The street numbers are very low here where the Eastern Promenade joins it. If you walk too far, you're in the ocean.

At the intersection of Congress and the Eastern Prom is a marble monument in the shape of a lighthouse combined with a chess rook. It's surrounded by two black steel fences and some Edward Scissorhand-type shrubbery. The monument is in honor of George Clevees.

Surely, you are asking, who the Charles Dickens is George Clevees? George Clevees is older than Charles Dickens and his claim to fame is that he founded Portland in 1633. The statue gives a lot of neat details about who helped

Clevees along with juicy historical tidbits every Portlander should know. You could go to the library, but this is the real thing - with a free view of Casco Bay.

Part II of your assignment involves taking a left at the Clevees monument. Pass the wooden playground and the little league field. You'll see a flagpole flying three flags in a neatly manicured, chained-in area.

A war was fought around here 179 years ago. If you're good in math you can figure out the name of this war (1991 minus 179). Hopefully, by now you've made it to a graveyard of 21 soldiers who were on their way to Boston for a prisoner exchange, but died instead in a Portland hospital. The first names alone are fascinating: Asa, Sylvanus, Ezekiel, Cornelius, Issac and Barney, to name a few. Eight of the soldiers are listed as unknown, which makes this graveyard our own little Arlington.

This quaint graveyard on the Eastern Prom is truly a moving experience. Considering the recent course of world events, a reflective visit to this quiet place might be a good idea. You might even have a long-lost relative buried there.

Both of these historical visits will take you less than half an hour. After exploring them, you'll feel smarter and better about yourself because you tried something new involving places that are very old. Make history come alive, young Portlanders.

Mike Quinn

Outdoor Hotline Call 774-1118 for a listing of bicycling, hiking, cross country skiing, canoeing and other outdoor activities sponsored by the Maine Outdoor Adventure Club and the Casco Bay Bicycle Club.

Fresh Paint, an art pre-school in Brunswick, has limited openings now on Mondays and Tuesdays from 8:45-11:15 am. Extended day care is also offered on both days for children 2-6.

The philosophy at Fresh Paint is that children can remain creative in a stimulating and nurturing environment using all their senses. Creative activities and physical outdoor play are stressed. Older children who wish to participate in studio art classes this spring can have their parents call to put their names on the waiting list. For registration information, call director Linda Rosen at 725-4983.

Friday Free Movies offered by S. Portland Public Library from 3:30-4:30 pm. All ages welcome. (No movies during school vacations or snow days.) 482 Broadway, S. Portland. 775-1835.

Kinderkonzerts for Kids A woodwind ensemble from the Portland Symphony Orchestra will perform "Follow the Leader" at the Italian Heritage Center, 40 Westland Ave., Portland. For 3-7. March 13 & 14, at 9:30 am, 10:30 am and 1 pm. Tickets are \$2. For reservation information, call Ellen Scontras at 799-4830.

Mask Making Printing Workshops Local artist Robert van Der Steenhoven and puppeteer Nancy Parker of the Shoestring Theater will direct the activities for children 4-8. Mask makers are asked to bring paper bags and trims of any kind. Printers are asked to bring smocks. Cost is \$10 per child. March 16, 10 am-noon, at West Side Child Care, 132 Danforth St., Portland. Call 772-9817 during the day for more information.

Messy Kids' Activities Portland Recreation is offering "sticky fingers" activities. Kids love to do but moms hate to have done at home. For 3- to 5-year-olds and parents, March 16 & 23, and April 5 (no class March 30), from 9-10 am, at the Reiche Community Center, 166 Brackett St., Portland. Cost is \$5. Pre-registration is required; call 874-8873.

Monday Evening Ski at Shawnee Peak Ski any three Monday nights, from 5-10 pm, for \$35. Program is intended for youth, adults and seniors, and options include rentals and 1-1/2 hour lessons. For more information, call Portland Recreation at 874-8793 or 874-8300, ext. 8791.

The Portland Public Library's Children's Room Schedule for the week of March 7 is as follows: March 8, 10:30 am, Tales for Twos; March 9, 10:30 am, Movies (children of all ages); March 11, 10:30 am, Tales for Twos; March 13, 9:30 am, Finger Fun for Babies; March 13, 10:30 am, Preschool Story Time (3 to 5-year-olds); March 15, no programs. All programs are free and open to the public. Five Monument Square, Portland. For more information, call 871-1700.

Riverton Branch Library offers the following programs for children: Wednesdays - Tales for Twos, 10:30 am; Thursdays - Afternoon Films, all ages, 3:30 pm; Fridays - Finger Fun for Babies, 9:30-9:45 am; Preschool Story Time (3 to 5-year-olds), 10:30 am. Library hours: Wednesdays, 9 am-6 pm; Thursdays, 12-8 pm; Fridays, 9 am-12 pm. 1600 Forest Ave. For further information, call 797-2915.

Star Science Center's Saturday Morning Science Series for Kids 5-12. Come discover the mysteries behind the forces of magnets, explore the secrets of bubbles, dissect a shark and more. March 16 & 30, from 9-11 am. \$10 per class. The Star Science Center is a non-profit educational organization, whose primary goal is to encourage science in school-age kids through fun, discovery learning and hands-on lessons. For more information, call 775-7362.

Young People's Center for the Performing Arts A unique ballet-plus-theatre experience for children. Ballet for ages 7-16, pre-ballet for ages 4-6. Second semester workshops: musical comedy, scenic design, lighting, costume design and jazz dance. For more information or to register, call Barbara Goelman at 766-2857.

Men's Basketball Portland Recreation is offering pickup ball games every Mon, from 6:30-8:30 pm, and Wed, from 5:30-7 pm. The games are held at Reiche Community Center, 166 Brackett St., Portland. There's a fee of \$1.50 for residents and \$3 for non-residents. Proof of residency is required. For more information, call 874-8873.

Monday Evening Ski at Shawnee Peak Ski any three Monday nights, from 5-10 pm, for \$35. Program is intended for youth, adults and seniors, and options include rentals and 1-1/2 hour lessons. For more information, call Portland Recreation at 874-8793 or 874-8300, ext. 8791.

1991 Bicycle Trek Across Maine will accept the first 700 applications for "From Sunday River to the Sea," the largest three-day bicycle ride in the Northeast. (Last year the ride raised over \$200,000.) For information on the trek, which will take place June 14-16, call the American Lung Association of Maine at 1-800-462-LUNG.

Saturday Morning Swim Lessons Portland Recreation is accepting registrations for the spring session of swimming lessons for infants/toddlers/preschoolers, as well as beginners through swimmers. Classes begin March 9, and will be held at the Riverton Pool, 1600 Forest Ave. Registrations will be taken in person at the pool or by phone. For more information or to register, call 874-8484.

Wallyball Join the Casco Bay Bicycle Club every Thursday at 6:30 pm for volleyball. People of all abilities are welcome. Pizza afterwards. For more information, contact Wallyball Band at 799-4013.

ETC

Ad Club of Greater Portland Party with music by Big Chief & the Continentals, with a cash bar and door prizes. March 13, from 5:30-9 pm, at Mariner's Church (above Old Port Tavern Billiards), 368 Fore St., Portland. Advance reservations are \$10 for members, \$12 for non-members. Members who bring two or more guests pay \$8 per person. Reservations must be made by March 11. Call Services Four 799-2599.

Bargain Symphony Tickets The Portland Symphony Orchestra is offering 50 percent discount tickets to students. Groups of 10 or more senior citizens can receive a 15 percent discount for series concerts. Portland City Hall Auditorium is located at 30 Myrtle St. For more information, call 773-8191.

Downeast Country Dance Festival This first annual event will include dances, workshops and performances: contra and squares, swing, folk, Scandinavian, musician's workshops, English, Scottish, Morris, clogging, Lady of the Lake stomp and other activities. The festival will also feature many performers, including Fiddler's Reach, Casco Bay Tumblers, Ted Sannella, Steve Zakish and Fresh Fish, and many others. Schedule: March 8, 8 pm-midnight, Friday night dance; March 9, 10 am-8 pm, Saturday session; March 9, 8 pm-1 am, Saturday night dance; March 10, 2:30-5 pm, Sunday afternoon dance. Cost: \$5-\$15, depending on how much of the weekend you attend. For all levels of experience, singles and couples welcome, refreshments available. Soft-soled shoes only. Memorial Middle School, Wescott Rd., S. Portland. For further information, call 773-6212.

The Enriched Golden Age Club, 297 Cumberland Ave., Portland, invites men and women 60 years and over to Wednesday luncheons and programs as follows: March 13, St. Patrick's program; March 20, Music with Beau & David; March 27, Easter program. Reservations must be made in advance by calling 774-6974.

Fish Chowder Luncheons South Freeport Church offers a full chowder lunch for \$4.50 on March 8, from 11:30 am-1 pm. These luncheons are held on the second and fourth Fridays of each month to benefit the South Freeport Church ministries. South Freeport Rd., S. Freeport. For further information, call 865-3659.

Hot Shot Mini-Golf Tournament Tuesday night golf tournament with tee-off at 6:30 pm. Prizes for low scores. Everyone welcome. Hot Shot Mini-Golf is located at 87 Marginal Way, Portland. For more information, call 773-1441.

Maine Powerlifting and Benchpress Championships, to benefit the Maine Special Olympics, will be held March 16, beginning at 9 am, at Southern Maine Technical College, Fort Road, S. Portland. Advance tickets: \$7 for adults, \$3 for children. For more information, call 773-9074.

SHIRT SPECIAL
With \$10 or more of Dry Cleaning
ONLY \$9.95 A SHIRT!
With this ad Expires 3/10/91
• Free Pick-up & Delivery • Same Day Service if dropped off
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G98
12 Hits in a Row

1991 U.S.P.F. MAINE POWERLIFTING and BENCHPRESS CHAMPIONSHIPS
to benefit the Maine Special Olympics

MARCH 16
So. ME Technical College
Fort Rd., So. Portland
Advance tickets: adults \$7, children, \$3.
Lifting starts at 9 a.m. • For more info call 773-9074

SPECIAL OFFER!
with this ad only

BOBBY HEALTH CLUB
686 Congress Street, Intown Portland
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For your enjoyment and relaxation, we are offering our Massage Special for the Fall & Winter season.

Free Food Free Drink
Whirlpool Steam Saunas Universal

\$5 OFF on any
MASSAGE

Masseuse position available - call 772-7779

classified

line ad deadline: noon monday. display ad deadline: 5 p.m. friday. use the coupon or call 775-6601.

personals

Attractive MWF, 28, seeks uninhibited female, 20-35 for fun, adventure and friendship. Send letter and photograph. CBW Box 565.

BIDWF, 37, chooses comedy over tragedy and loving laughter from the gut over nervous titters or cruel jokes. Am busy and creatively fulfilled, yet long to share tender romance with person of easy-going energy and humor both whimsical and down to earth. No whams. **5116.**

CONSERVATIVE SM25. Desperate enough to be advertising in the CBW. Seeking 25ish SF for firing line and other fun. Sandalistas shrub huggers and other variations of the theme needn't reply. CBW Box 570.

DSW Big Man, 34 seeks a kind and understanding M/S/SF medium to large build, 25 to 40 for friendship and pleasure. Will answer all. Write P.O. Box 1073, Westbrook, ME 04098

DWF 33, tall attractive single mom looking for Mr. Right: a tall n/s, S/DWM who's honest, loving, family oriented, physically and emotionally fit with a good sense of humor and similar interests. (mine include music, dancing, movies, exercise outdoor activities and an occasional "walk on the wild side." Reply with photo and phone. CBW Box 571

Wanted alive, S/DWM for friendship/love. SWF, 39, professional to share life. Likes work/play hard. Likes beach, sunrise/sunsets, swimming, dining, dancing, etc. P.O. Box 252, Westbrook, ME 04092. **5114.**

DWF, 40, slim, petite, interesting looks, seeks S/DWM for friendship, possible romance, maybe even real relationship. Likes geraniums and paperwhites, shades of colors, Harper's Index, ethnic music, Jamaica, current scores and tea, cooking for friends, 1956 Metropolitans, little lizards, feeding birds, sailboats, good books, foreign movies, and artistic pursuits. Values kindness, intellect, honesty, humor, introspection, independence, affection, a sense of wonder, an open heart and a playful nature. Kindred spirits please reply to CBW Box 569 **5117**

DWF-30s, cute petite mom. If you're S/DWM nice guy, honest homebody, somewhat old fashioned values. Like kids, movies, t.v., homelife then please write. Photo? Box 466 Scarborough, ME 04074-0466.

DWM, 58: Needs surrogate wife with auto for nice home in country near Portland. Wants someone down to earth and sensual, no false or true goody 2 shoes please. CBW Box 568.

Get ready for a spring-ling! SWF, 29, tired of winter bluffs. Ready for action! Are you? SWM not afraid of an intelligent, attractive woman of substance! **5109.**

Hey, I've got a nifty idea! What if I put an ad in CBW to see if there are any gay males out there who'd like to meet other GMs to share friendship and common interests - movies, dinner... Pretty good idea, huh. CBW Box 547.

Man Seeks Buddha, CBW Box 545, **5091**

I'm a Prince awaiting for you! Tall, dark and handsome! Holding one shoe! If it's hot love you need! Your desires I'll feed! All Princesses! Subject to throne. **5108.**

JUST INHERITED - Looking for woman and son to share fun, good times, I'm secure. 29 - Hobbies: swimming, boating, the camp, and dancing. Let's get together! P.O. Box 10681, Portland, ME 04101. **5119**

KCOVW (Kinda Cute Overweight White Woman) seeks BBULL (Beautiful Balding Uninhibited Loyal Lover) for MORE (Meaningful Overnight Relationship Everynight) **5110.**

Looking for attractive SWF 25-35 who enjoys dancing, movies, quiet intimate times. If you're happy with yourself, I'll be happy with you. SWM 30 attractive waiting to hear from you. **5093.**

MISTRESS WANTED. If you are 20-40, healthy, attractive and imaginative and into teaching a handsome, young SWM the art of sensual eroticism. Please respond. Discretion and privacy important. CBW Box 561. **5105.**

MWM, 53, is unfulfilled and seeks M/D/SF for companionship, romance, and an intimate relationship preferably in the Portland-Gorham-Standish area. Let's be special friends and escape from life's boring routine. I'm well travelled, educated, experienced, and love massages. Let's meet! Discretion requested and assured. CBW Box 559. **5098.**

PERSONAL OF THE WEEK

Winner receives two free movie tickets compliments of Maine Mall Cinema!

CONSERVATIVE SM 25. Desperate enough to be advertising in the CBW. Seeking 25ish SF for Firing Line and other fun. Sandalistas shrub huggers and other variations of the theme needn't reply. CBW Box 570.

If you have placed an ad in the Casco Bay weekly personals, your ad is automatically entered in the PERSONAL OF THE WEEK contest. We are looking for ads that are creative, witty and fun. Winners will receive their tickets in the mail.

Many men suffer from MAS (macho asshole syndrome). This one doesn't. DWM 37 5'7", blond, blue-eyed, 130 lb, hardbody seeks SWF for coffee and conversation. I'm kind and communicative, not afraid of my feelings and not a wimp. I don't drink, do smoke. CBW Box 556.

SWF, 30, Professional Maine native (not woodchuck), looking for SWM 27-35 for 4 Seasons of Maine outdoor fun. Must be fit, chem-free, honest and romantic. If you enjoy skiing, hiking, beaching, camping, etc. and you're not afraid of fun or commitment, let's meet. Write CBW Box 564.

SWF, 38, No Smoke/Drink/Drugs. Likes Movies, Talks, P.O. Hugs, etc. Looking for D/SWM Widesire to start with friendship and build a healthy relationship. P.O. Box 8291, Portland, ME 04104. **5115.**

SWM 39, 5'5" seeking SWF-DWF for possible relationship. Enjoy health conscious woman, sports and quite evening with someone special (non-smoker). Call me or write, photo appreciated, but not necessary. **5118**

SWM looking for female photographer to direct me in modeling, if your interesting and friendly than give me a call! **5120**

SWM, 32, sensitive, attentive, very affectionate and attractive, 5'6" seeks a bold, passionate, buxom gal for sizzling romantic fun. **5103.**

SWM, 50, seeking affectionate, clean, sensual buxom, SDMF, 45-70, who likes toys and make-believe games. Who has a void in her life and may be lonely. I'm happy-go-lucky guy, honest and dependable. Give great massage and I'm very affectionate. No one night stands please. Write your likes and dislikes, with phone number and maybe a photo and I'll call. PO Box 4000, Suite No. 142 Windham, ME 04062.

dating services

A Date Tonight. Hear talking personals from local women and men who would like to meet you. (Names and phone numbers included). 1-900-346-3377 \$1.95/minute.

LIVE-ONE-ON-ONE! 1-900-820-0202. When you want a friend to talk to, it's the only number you'll ever need. \$2.50 per minute, must be 18.

U.S. Asian Connection for free photo brochure and details of the beautiful, faithful, marriage-minded ladies from overseas in our pen-pal club call 702-451-3070 and leave your mailing address.

personals
dating services
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roommates
apts/rent
houses/rent
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HOT TALKING PERSONALS!



1-900-646-4646

Listen to thousands of Voice Ads recorded by SEXY Men & Women who want to meet YOU - CALL US NOW! It's fun - easy and includes Voicemail for extra privacy.

\$2/min. More info: 305-565-4455 Ext. 5713

Where Are The Single Men?



The best ones are at Compatibles... active, interesting men who haven't had time to meet the right woman... so they've come to Compatibles.

If you're a single woman who hasn't met the right man, perhaps he's waiting for you here.

You see, we're not just another dating service. We're Compatibles.

Call Today for a Personal Interview

883-1066 - Portland
783-1500 - Lewiston

Judy Jovic's
Compatibles
"The Dating Service That Cares"

SINGLE GIRLS IN PORTLAND!!!

1-900-820-3033
\$3/MIN. MUST BE 18 YRS.

Responding to a CBW Box # ?

Casco Bay Weekly
551A Congress St.
Portland, ME, 04101
CBW Box XXX

Do It Like This!
Correspondence is forwarded before the publication of the next issue.

FAX FREE THURSDAY ! FAX FREE THURSDAY

For a FREE Personal Ad with PERSONAL CALL see details on page 23.

rates and fine print

RATES

All charges are per week.

Up to 30 words	\$ 9.00
31-45 words	11.00
46-60 words	15.00
Each additional word after 60	.15

DEADLINES

Line ads: Monday 6 p.m. Display ads: Friday 5 p.m.

POLICY

CBW will not print ads that seek to buy or sell sexual services for money or goods, or ads with purely sexual content. CBW will not print full names, street addresses, or phone numbers in the PERSON TO PERSON section. PERSON TO PERSON advertisers must either provide a Post Office Box number in their ad or use the CBW Box Service. All information concerning PERSON TO PERSON advertisers is kept strictly confidential. CBW reserves the right to categorize, refuse or edit ads due to inappropriate content, etc.

WHAT IS A WORD?

A word is considered a word when it has a space on both sides. A phone number is one word. Punctuation is free.

ERRORS

CBW shall not be liable for any typographical errors, omissions, or changes in the ad which do no affect the value or content of the ad or substantially change the meaning.

REFUNDS

Classified ads are non-refundable. Credit will be issued when a viable error has been determined.

body & soul

DISCOVER AN ANCIENT GATEWAY Have you lost interest in religion because you didn't get the answers that made sense? Discover this scripture discussion group that makes the Bible relevant to every day life - come to feel, share, explore, disagree and grow. No one will tell you what to believe. The Swedenborgian Church, every Thursday evening, 7:30-9, 302 Stevens Ave., Portland, 772-8277. Rev. Ken Turley.

Two 16-week women's therapy groups will be starting in March. Diane Paige, MA and Jane McCarty, LCSW will colead both groups. One group will begin to explore and work on acceptance of painful past life experiences and the other group will build on healing work in progress and will particularly explore the women self in relationships. For further information contact Diane at 828-0526 or Jane at 761-7783.

New Group for Women Who Overeat

- Alternative to the 12-step approach
 - Emphasis on feelings, not food
 - Individual counseling available
- We will meet Tuesdays, beginning March 12 from 7:45-9:15 a.m. The cost is \$75. per month.

Lisa Bussey, M.A. Certified Eating Disorder Therapist 775-7927

STOP SMOKING thru HYPNOSIS

By request we are resuming treatment for the cessation of smoking thru clinical hypnosis. 3 sessions including free phone consultation: \$125. All treatment done by a qualified doctor.

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Robinson Associates

When have you felt this way before?

Sarah J. Bulley LCSW • Psychotherapist • 871-9256

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- Wholistic Family Health Care • Network Chiropractic •
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- Complimentary examination for new patients

Chiropractic Center of Portland - 774-9666

THERAPEUTIC MASSAGE

KAREN AUSTEN, M.A., L.M.T.
LICENSED MASSAGE THERAPIST
BY APPOINTMENT...865-0672

Swedish, Acupressure, Sports,
Deep muscle and Medical Massage
•
Alleviate Back pain,
Neck & Shoulder stiffness,
Headaches, TMJ, Sciatica, Stress

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Sarah J. Bulley, LCSW
Psychotherapist
• Life Transition • Guided Re-Parenting
• Self Esteem/Empowerment
Insurance Reimbursable
871-9256

ASTROLOGY READINGS - Need clarity, affirmation, or a fresh outlook? Insightful, down-to-earth synthesis of your birth chart. Call Ed Chanin, 883-9255.

CELEBRATE THE DREAM! Workshop April 5th (evening and 6th Practical exploration of dream theories integrated with opportunity for EXPERIENTIAL process of participants' dreams. Presented by BARBARA HARE NOONAN at Bouldaire - Wholistic Center overlooking Blue Hill Bay \$95 (everything included). Call 772-1896.

T'ai Chi Chuan - An ancient Taoist Chinese Martial Arts system, based on mental & physical balance, unity and harmony. A gentle discipline, where one learns that by blending with adversarial force, one gains control of it. This can be applied to channeling the greater forces that exist around us. By learning Tai Chi one achieves a state of meditation in movement. Excellent for spiritual growth, radiant physical health, and unequalled in reducing the effects of stress and tension in one's life. An effective method of developing fluidity, awareness, focus and peace within oneself. Beginners through advanced classes, including Push-Hands. Visitors welcome. For information and sign-up, call Gene Golden, 772-9039

TAROT READINGS - Give your inner truths a voice. Clarify where you are and where you're headed. Call Jeanne 799-8648.

THERAPEUTIC MASSAGE. Relax tired, aching, stiff muscles while improving circulation and soothing tension. Sliding scale. Call Pam Richards, A.B.M.P. Certified. 775-6636.

Meditation in Everyday Life. Meditation is a way of cultivating inner calm and becoming aware of our unbroken integration with the universe. It can also be fun. A 5-week course focusing on Buddhist mindfulness techniques beginning in March on Tuesday nights in Yarmouth. Call the Yarmouth Meditation Group at 846-0764 after 6 pm.

HOW TO USE PERSONAL CALL®

PERSONAL CALL® is a FREE service for Casco Bay Weekly advertisers!

Ask for PERSONAL CALL® service when you place your Casco Bay Weekly personal ad. Then, you'll receive your own PERSONAL CALL® number and security code, so you can call a FREE 800 number to record your one-minute greeting message. Be creative! You can change your message as often as you like to satisfy the whim of the moment.

We do suggest that you leave your first name and ask the people responding to leave their telephone numbers and best times for you to call. Do not leave your last name, telephone number or address.

When you call the 800 number and enter your PERSONAL CALL® number and your private security code, the system will immediately tell you how many new responses you have. From there, just follow the easy prompts. You'll press 1 to record your greeting or press 2 to hear your responses.

Once you've recorded your greeting message, you can call the same FREE 800 number as often as you like, 24 hours a day, to listen to your responses for up to three weeks after your ad appears in the paper.

RESPONDING TO A CASCO BAY WEEKLY PERSONAL AD WITH PERSONAL CALL® SERVICE:

Using PERSONAL CALL® to answer Casco Bay Weekly personal ads is fast and fun!

Relax in your favorite chair, browse through the Casco Bay Weekly personal column and circle the ads that interest you.

The small telephone symbol - ☎ - next to the four digit number tells you the person has PERSONAL CALL® service. With PERSONAL CALL® you don't have to listen to one message after another until you find someone you'd like to meet. (unless you choose to). These messages remain on line for three weeks after the ad appears in Casco Bay Weekly, so check the date of the paper you're reading!

You can immediately respond to an ad by calling 1-900-370-2041.

When the system answers, follow the easy instructions.

Enter the four digit number of the ad that interests you. You will then hear that person's one-minute voice greeting, and you can leave your response. And, you can enter another box number, and another and another.... (If the advertiser's voice greeting is not yet on line, you can still leave your response.)

The cost for using PERSONAL CALL® to respond to Casco Bay Weekly Personal ads is only 99 cents per minute and will appear on your telephone bill under "Prsnlcall."

Having Problems? Please be sure that you are using a touch-tone phone that is on tone, not pulse. If you have any questions or feedback about PERSONAL CALL®, just call us at 775-6601. We like to hear from you.

REAL GIRLS IN MAINE!!

1-900-860-3377

\$3/min.

Must be 18 years old

body & soul

New Counseling group for recovering gay men and lesbians with six months—two years of sobriety. Wednesday nights starting 4/3/91. \$70/month. Rachel Sager, M.A., RSAC. 775-7927.

Small, intimate Dream Group. Image work, Jungian oriented, Active imagination. Seeking a few new members. Tuesdays evenings. Call Deborah for more info at 767-5240.

Barbara Loewenberg-Irland
M.A., Reality Therapy Certified
Psychotherapy

- Personal Growth
- Depression
- Grief & Loss
- Addictions

Portland 774-8149

POLARITY REALIZATION CERTIFICATION PROGRAM
Scarborough, Maine
508-356-9376

Polarity Therapy is the healing science of aligning the living energy fields of the body. It is the healing art of recognizing and working with the life force to bring about the highest level of clarity, inner truth and vitality.

Our 160 hour Polarity Therapy Certification Program meets one weekend a month for 7 months, beginning March. The program covers all aspects of Polarity Therapy with an emphasis on personal transformation.

Approved by Maine Dept. Ed. Nurses CEUs. Member APTA. A BMP affiliated school. Please call for information.

roommates

Beautiful, large, restored Deering colonial needs roommate(s). 2 baths, free w/d, fireplace, off street parking, deck, large yard, french doors, antiques, forced hot water oil, amenities. \$265 +. 878-2312 leave message.

Clean, n/s female wanted to share, large, sunny Portland apartment. Great location. \$200 per month + deposit. Call 879-1561 eves or MW AM.

Comfortable, spacious, easygoing house in quiet residential neighborhood, just a hop, skip and jump from U.S. Only \$181.25 + 1/4 utilities. Available 4/1. Sorry, no smoke or fur-bearing mammals! 775-3875.

F/M two bedroom first floor apartment in South Portland family neighborhood with M graduate student. 46. \$260/mo + 1/2 heat, elec. W/D, basement, garage, yard. Non-smoker, chem-free, no pets. 3/15. 767-4120.

Female roommate wanted to share third story apartment in Cape Elizabeth with two other females. Third roommate leaving for school. \$208.33 + 1/3 utilities. 767-5817.

LIVE AT THE BEACH! Large sunny house on Kettle Cove. Quiet area, great view. 7 mi. from Ptd. Mature n/s professional desired. \$250 + utilities. 799-6905

Looking for M/F to rent a room in 3-bedroom apartment on E. Prom. Great waterfront view with a deck. \$234 + 1/3 utilities. Call after 6 pm, 774-4907.

Looking for male NS roommate to share 3BR house in South Portland. Should be neat, responsible w/good sense of humor. Have pets, but no more please. No party animals. \$300/month includes all utilities except phone. 767-6213.

Looking for male roommate to share 2 BR apartment. Nice kitchen, quiet Munjoy neighborhood. Must be responsible, good humored and fun. \$230 includes all utilities. 761-2827.

M/F roommate wanted. Sunny spacious Woodlands Corner Apt., washer, outdoor porch. We are 2 males and one female. \$155.00 + 1/4 util. + sec. deposit. 871-7028

WORKSHOPS TO CHALLENGE RACISM

UNDOING RACISM explores how our daily lives support or challenge institutional racism. Leader: Sheila Garrett, artist/activist. 6 Thursdays, Mar. 14-Apr. 18, 7-9:30.

RACISM: OFTEN UNSPOKEN, ALL TOO REAL addresses racism in Maine and our responses. Leaders: Anita & Gerald Talbot, founders, Black Education and Cultural History. Sat., Mar. 16, 9-4.

Pre-registration necessary. For location & cost call 442-7260. Offered by the Center for Vision and Policy.

David Cohen, M.S.

- Psychotherapy
- Stress Reduction
- Expressive Arts Therapy

FREE FIRST SESSION
Portland
By Appointment
773-5573

RICK LYNCH, M.A.
Counseling Services

- Men
- Life transitions, groups, individual consulting
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- Couples, families
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23 West St., Portland

WE MAKE NEWS MATTER

ERNIE POOK

by Lynda Barry

WORKED UP
BY LYNDA "GEORGE + SARAH = TRUE LOVE" BARRY

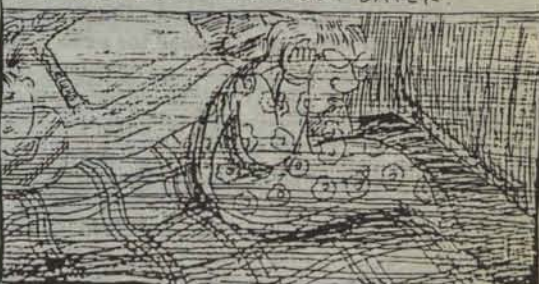
WAR! UH! GOOD GOD Y'ALL! WHAT IS IT GOOD FOR! MY SISTER MARLYS KEPT SINGING THAT SONG AT RECESS. HER TEACHER SAID STOP. MARLYS SAID IT'S A FREE COUNTRY. HER TEACHER CALLED OUR GRANDMA. IT IS NOT A FREE COUNTRY FOR MARLYS ANY MORE.



LAST NIGHT MARLYS WOKE ME UP TO SAY HER DREAM. IT WAS THAT ALL THE PEOPLE WHO GOT BOMBED WENT INTO THE MATTRESS OF THE PRESIDENT SHE SAID HIS BED WAS VERY HIGH. I THINK THE DREAM WAS FROM THAT STORY THE PRINCESS AND THE PEASANT. THE DIFFERENCE WAS THOUGH, THE PRESIDENT COULD SLEEP.



OR ME OUR GRANDMA SAID MARLYS WOULDN'T BE SO WORKED UP ABOUT THE WAR IF IT WASN'T FOR ME. WE GOT A NEW RULE AT OUR HOUSE. NO TALKING ABOUT IT IF IT COMES ON THE TV. TURN IT OFF. IF YOU WANT TO TALK ABOUT WAR THEN GO OVER TO MR. LUDERMAYER'S WHO SAYS JUST BOMB THEM ALL AND LET GOD SORT THEM OUT LATER.



MY GRANDMA SAYS THERE'S NOT A DAMN THING I CAN DO ABOUT THE WAR. BUT SHE IS WRONG. I CAN YELL STOP. I CAN SHOUT IT AND SAY IT AND WRITE IT AND THINK IT. I WANT TO BE THE EVIDENCE THAT NOT EVERYONE HERE SAID IT'S OK TO KILL THE PEOPLE THERE. NOT EVERYONE HERE THINKS AMERICANS COUNT MORE TO GOD. IN MY BEDROOM MY PRAYER IS SILENT NIGHT NO BOMBS. HOLY NIGHT NO KILLING. ALL IS CALM. PEACE.



apts/rent

2 bedroom on East Prom. Oceanview, tennis courts, laundry, parking, on bus route, \$312/month includes heat and hot water. 761-7942.

APARTMENT LOCATOR Cumberland Ave. efficiency, \$250+. Valley St. loft style, \$375+. Spring St. Victorian, hardwood floors, \$395+. West St. great studio, \$435+. USM area, 1 1/2 bedrooms, \$375+. USM area, 2 bedrooms, \$400. Veranda St., 2 bedrooms, \$525+. Many others available. 774-9303.

Beautiful North Deering 10 room, 3 bed, 2 baths, restored colonial, deck, yard, double driveway, fireplace, free w/d, sunroom, oil heat, french doors, some antiques. \$750 +. Call 878-2312 leave message.

CAPE ELIZABETH. Beautiful, quiet location near the beach and woods. Newly decorated one bedroom and two bedroom with deck. All appliances, parking and tennis. \$525-550. No pets. 779-5452 or 799-2853. Somero Management.

DANFORTH ST. near Brackett. One bedroom in 1834 National Register townhouse, newly renovated, two fireplaces, wide wood floors, fine moulding, dishwasher, parking. Owner occupied building. No smoking. \$500 heated. 774-3465.

Downtown Portland ONE BEDROOM penthouses with sliders to large deck, starting at \$875. TWO BEDROOM, two bath apartments with brickwork, beams, and tall windows, starting at \$825. Unique, loaded with character. Prices include heat, A/C, h/w, parking space. Pets welcome. Baxter Place. 775-4710. 305 Commercial.

MMC-WEST END 2 bedroom newly renovated apartment. Carpets, hardwood floor, \$485 + utilities includes basic cable, on site laundry. 761-4567.

Minutes from Downtown petite one bedroom with w/w, new kitchen and bath plus porch with spectacular view of Back Cove. Only \$375/month + utilities. Call 774-6363.

North St. 101. Lovely, large 4-bedroom, sunny, views, parking. Non-smokers. Available March 1. \$775 includes heat. 772-6005. Leave message.

OLD PORT AREA - 2 bedroom, heated apt. \$525/month plus electricity. Call 828-1200.

Old Orchard Beach - Sunny, bright, 2-bedroom apt. Newly renovated, new kitchen and bath, dishwasher, w/w carpet, sundeck, right near beach. \$475/month. 773-5573, Robinson.

Park Ave., across from Deering Oaks, one bedroom with hardwood floors, galley kitchen, spacious livingroom in secure building only \$375/month. Heat and hot water included 774-6363.

Parkside - 55 Grant Street, 2-bedroom. New kitchen, new bathroom, new furnace, insulated. No utilities. References and security deposit required. \$425 per month. 773-5023. Somero Management.

Parkside - 55 Grant Street, 2-bedroom. New kitchen, new bathroom, new furnace, insulated. No utilities. References and security deposit required. \$425 per month. 773-5123. Somero Management.

Rent Subsidized: Large 2 bedroom, 2 bath heated apartment in elevated building for households of 18 years or older. Must qualify with HUD Guidelines. 773-1814, Weekdays 8-4.

WEST END: Small but nice! Furnished 1 bedroom efficiency. Kitchen, living area on 1st floor, bedroom and bath on 2nd floor. Both levels are connected by spiral stairs. \$325/month plus utilities + security.

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Deering Center. Large, sunny, fireplace, laundry, parking, 3 BR \$675, 4 BR \$750
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offices/rent

Furnished Office with secretarial and bookkeeping services available. Approximately 400 sq. ft. Also available 800 sq. ft. unfurnished office. Parking available. Monument Square area. Call 772-6527.

Portland Performing Arts Center, Forest Ave., Intown Portland, 1500 SF very visible space at below market rent - be at the center of the Portland art scene! DIRIGO COMMERCIAL BROKERS, 871-1080.

Therapists wanted to share bright, sunny office, near Woodfords Corner, fully furnished, shared referrals, \$7.00 per hour, add hours as needed. Call 773-5573 - Dr. Robinson.

SINGLE OFFICES FOR RENT

OLD PORT WATERFRONT

Small prominent historic brick building, high ceilings, lots of windows and natural light. Prime waterfront location on corner of Franklin & Commercial Sts. Reasonably priced from \$275, includes heat & electricity. Copier, Fax & parking also available.

772-6992

studio/rent

Studio - Monument Square area perfect for artist/craftsperson. From 400-1200 square feet. Light and heat included. Parking available. No lease required. Call 772-6527.

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learning

BOOKBINDING CLASSES starting 3/15. Learn a unique and ancient craft, create your own book repair family heirlooms. Call 871-1686 for more information.

POTTERY CLASSES AT STUDIO 132 are a great way to spend your time. Expanded hours, comfortable setting, educational and fun! Come make some pots! 772-4334.

U-CAN-DO Faux finishing! Learn sponging, ragging, rag-rolling, color-wash, combing and marbling. 2-night workshop starts March 12 & March 19. Again April 3 & April 10. 6:30 - 9:00 PM. \$85.00 supplies included.

music lessons

PIANO LESSONS! Release the pianist within you. No knuckle rapping or guilt trips. Ten years teaching experience at Waynflete School. Call Chrystal Wing 773-0476.

wanted

FURNITURE NEEDED: desk lamps, 1 or 2 more small metal desks and a small cabinet to use for supplies. If you possess these and would like to sell them, call Robyn at CBW. 775-6601.

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biz services

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business opps

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REAL PUZZLE

by Don Rubin

Rope trick

Each of the knots in the string at the right corresponds to a letter of the alphabet along the key at the top. We simply stretched the string from letter to letter and knotted each point accordingly.

The first four letters of our message (D, R, O and P) are easy. The next letter (U) is knot. See if you can figure out the rest.

Can you solve the Real Puzzle? There is a \$20 gift certificate from Alberta's for the first prize winner, who will receive it in the mail. The second prize winner receives free admission for two to Knots and Crosses, March 15, at 9 pm, at Raoul's Roadside Attraction. The winner should contact Raoul's, at 773-6886, for details. Drawings are done at random. Contestants are ineligible to win more than one prize in a four-week span. Only one entry is allowed per person per week. All entries for this week's puzzle must be received by Wed., March 13. The solution to this week's puzzle will appear in the March 21 issue of Casco Bay Weekly. Send your best guess to:

Real Puzzle #61
Casco Bay Weekly
551A Congress Street
Portland, Maine 04101

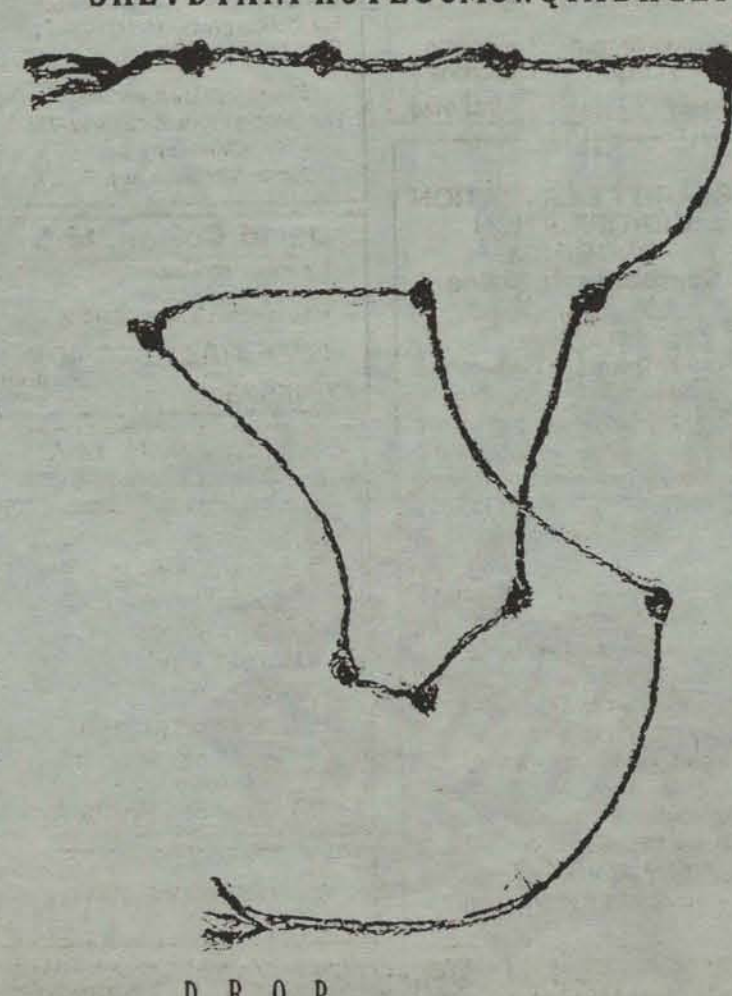
Solution to Real Puzzle #59

(Quinzart)

Nine items were processed in the Quinzart: a pencil, bottle or can opener (churchkey, etc.), tape dispenser, scissors, (claw) hammer, knife, fork, spoon, and screwdriver.

This week Elizabeth Matel of Portland is the Real Puzzle's quizzmaster. She'll dine with a

SKLVYANFRJTZUCMOWQIXBHGE



D R O P

companion at Alberta's. Maryellen Sullivan of South Harpswell is a real quiz kid. She and a friend will see Knots & Crosses at Raoul's Roadside Attraction on March 15.

(Don Rubin's book, **BRAIN-STORMS**, was recently published by Harper and Row.)



business opps

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bulletin board

Are you interested in an exciting career in the fashion industry? If so, then International Model Makers is the competition for you. Over 10,000 in prizes plus the opportunity to be seen by top agencies. For more information, call 207-892-8661.

BATH ANTIQUES SHOW - 70 dealers, Mar. 10, 10am-3pm. Bath Junior High School, off Congress Ave., Bath, ME. Admission \$2.00. With ad. \$1.50. PT PROMOTIONS, INC.

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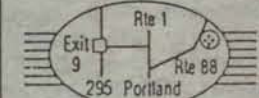
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